

LEARN HOW TO GET MEDICAL CARE IN RUSSIAN FEDERATION



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Materials prepared by Export of Medical Services Coordination Center Federal Research Institute for Health organization and informatics of the Ministry of Health of the Russian Federation

MEDICAL TREATMENT IN CHUVASHIA. HOW DOES IT WORK?

MEDICAL TREATMENT IN CHUVASHIA IS

HIGH QUALITY

High quality medical care meeting international standards

THE BEST DOCTORS

Highly trained doctors, nurses and other medical specialists with an international experience LOW COST

Medical care has an excellent cost-to-quality ratio

RUSSIAN CULTURE

Discover rich national cultural heritage and history

GETTING MEDICAL TREATMENT IN RUSSIA

IN THE RUSSIAN FEDERATION THERE ARE OUTPATIENT MEDICAL CARE AND INPATIENT MEDICAL CARE. HEALTHCARE FACILITY SPECIALISTS WILL PROVIDE ASSISTANCE WITH CHOOSING THE TYPE OF MEDICAL CARE YOU NEED.

OUTPATIENT MEDICAL CARE

GET YOUR HEALTH CHECK-UP WITHIN 2-3 DAYS WHILE YOU ARE ON VACATION

Check a healthcare facility website for more information

INPATIENT MEDICAL CARE

CHOOSE A HEALTH FACILITY ACCORDING TO THE MEDICAL PROCEDURE YOU ARE SEEKING AND COME TO RUSSIA FOR HOSPITAL ADMISSION

Check a healthcare facility website for more information

HOW TO GET MEDICAL CARE IN THE CHUVASH REPUBLIC?



STEP I Choose a health facility



STEP II Get confirmation from chosen healthcare facility



STEP III Select type of transportation and accommodation







STEP V Welcome to Russia!

STEP

CHOOSE THE BEST HEALTH FACILITY ACCORDING TO THE MEDICAL PROCEDURE YOU ARE SEEKING

CHOOSE YOUR MEDICAL RESEARCH CENTERS

CARDIOLOGY

Republican Center for Cardiology

http://www.rkd.med.cap.ru/ Cheboksary

CHILDREN'S HEALTH

Republican Children's Clinical Hospital

http://www.rdkb.med.cap.ru/ Cheboksary

TRAUMATOLOGY **AND ORTHOPEDICS**

Federal Center for Traumatology, Orthopedics and Endoprosthetics https://www.orthoscheb.com/ Cheboksary

NEUROLOGY AND NEUROSURGERY

Republican Clinical Hospital

http://www.rkb.med.cap.ru/

Cheboksary

GYNECOLOGY AND OBSTETRICS

Presidential Perinatal Center http://www.resp-perinat.med.cap.ru/

Cheboksary

ENDOCRINOLOGY

Republican Clinical Hospital for War Veterans http://www.hospit.med.cap.ru/Cheboksary

CHOOSE YOUR MEDICAL RESEARCH CENTERS

REHABILITATION

City Clinical Hospital № 1 http://www.cheb-gkb1.med.cap.ru/

 Cheboksary

 Republican Center of Manual Therapy

 http://rpvl.med.cap.ru/

 Cheboksary

OPHTHALMOLOGY

Eye Microsurgery Center them. Acad. S.N. Fedorov http://www.mntk.ru/branches/cheboksari/

Cheboksary

Republican Clinical Ophthalmology Hospital <u>http://www.rkob.med.cap.ru/</u>

Cheboksary

STOMATOLOGY

City Dental Clinic http://www.gspcheb.ru/

Cheboksary

Republican Dental Clinic

http://rsp.med.cap.ru/

Cheboksary

STEP II

CONTACT A SPECIALIST FROM YOUR CHOSEN HEALTH FACILITY TO DECIDE ON THE FORM OF MEDICAL TREATMENT YOU NEED AND FOR PREPARING DOCUMENTS FOR YOUR VISIT TO RUSSIA 10

1. CHECK THE SECTION «MEDICAL TOURISM» ON THE HEALTH CARE FACILITY WEB-SITE

2. READ THE INFORMATION

3. MAKE A REQUEST THROUGH A PHONE CALL OR EMAIL

4. GET A CONFIRMATION FOR TREATMENT AND FOLLOW THE INSTRUCTIONS TO APPLY FOR A VISA



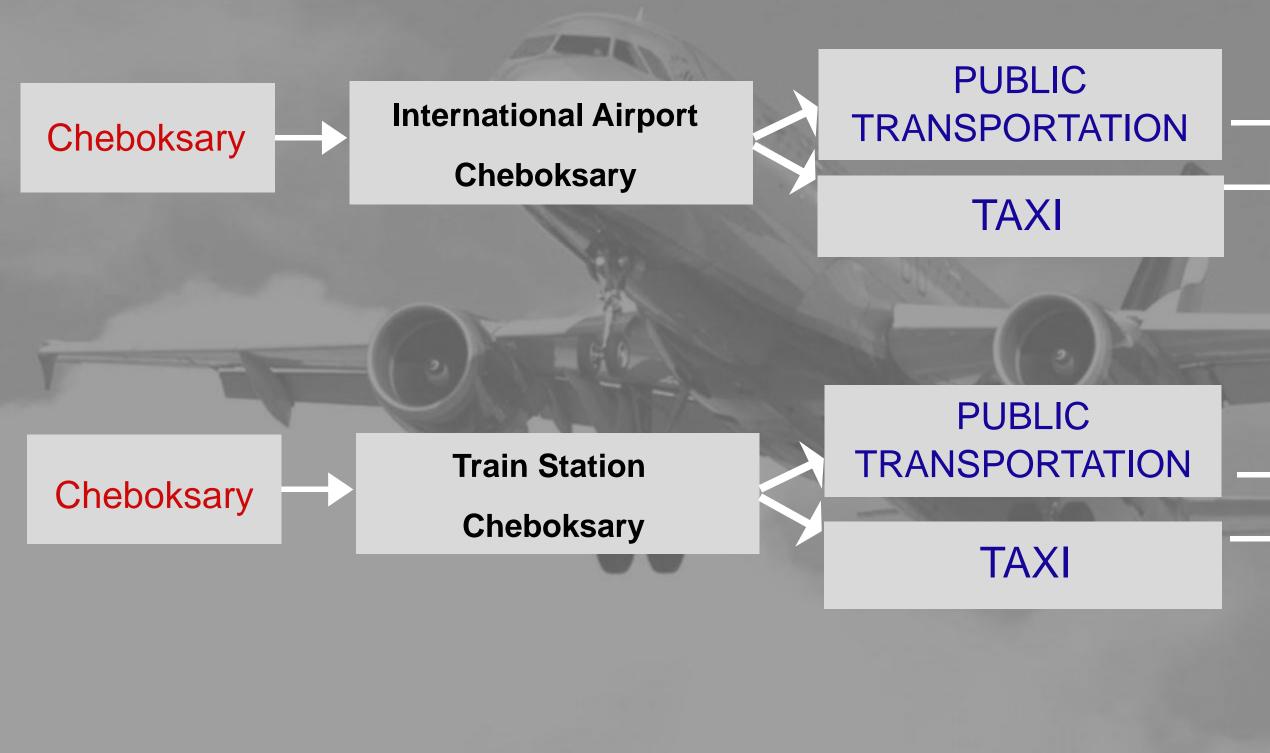
If you have any questions do not hesitate to contact **Export of Medical Services Coordination Center**

STEP II

SELECT THE BEST TYPE OF TRANSPORTATION AND ACCOMMODATION

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TRANSPORTATION



USE ABOVE-GROUND TRANSPORTATION HTTPS://BUSCHEB.RU/

YOU CAN GET FROM THE AIRPORT TO THE CITY BY TAXI. THERE ARE PLENTY OF TAXI APPS (YANDEX.TAXI, UBER, GETT TAXI) DON'T FORGET TO DOWNLOAD THEM BEFORE YOUR JOURNEY.

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TRAVEL APPs to download before your trip FOR IOS and ANDROID

Public transportation and car rental (car sharing)

1. Bus, trolleybus, cable car:

Yandex.Transport

2. City maps:

Yandex.Metro

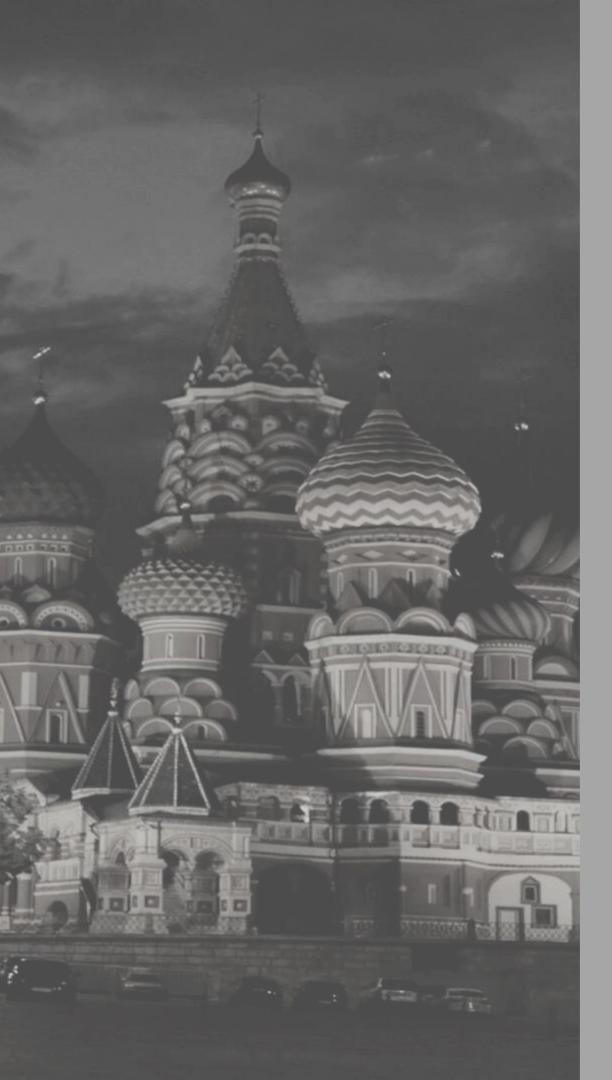
3. Car rental (car sharing): BelkaCar, DeliMobil

City maps

 Russian city maps: Yandex.Maps Google maps
 Off-line Russian city maps: 2GIS

Attractions in Russia

City guide Apps: Triposo Redigo Restaurant guide App: TripAdvisor



ACCOMMODATION **ACCOMMODATION OPTIONS IF YOU** ARE COMING FOR OUTPATIENT ADMISSION

https://www.booking.com/ https://www.tripadvisor.com/ https://www.airbnb.com/

Please contact a tour operator or assistance companies if you need any assistance with organizing your trip.



ACCOMMODATION OPTIONS IF YOU

Contact a specialist from a health facility for information about your accommodation. Please do not forget to do it in advance.

ARE COMING FOR INPATIENT ADMISSION

STEP IV APPLY FOR A RUSSIAN VISA

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WHAT TYPES OF RUSSIAN VISAS ARE THERE?*

TOURIST PURPOSE OF VISIT: TARGET TOURISM

The period of validity: up to 30 days

For those who visit Russia for tourism purposes on a specialized tour for health check-ups or medical consultations BUSINESS PURPOSE OF VISIT: MEDICAL TREATMENT

The period of validity: up to 90 days

For those who visit Russia for medical treatment, health check-ups, medical advice with official invitation obtained from a health facility (except target tourism for the purpose of treatment and critical care).

PRIVATE PURPOSE OF VISIT: SPECIAL CASES

The period of validity: up to 90 days

For those who travel to Russia for emergency medical treatment or to visit a sick relative.

Help with processing documents for entering Russia



GETTING AN OFFICIAL INVITATION

Once you get an approval for treatment, the health facility should obtain an official invitation and submit your documents to the Federal Migration Service of Russia in order to register your migration.



APPLYING THROUGH TRAVEL AGENCIES **OR TRAVEL ASSISTANCE COMPANIES**

In case you need additional help with applying for a Russian visa, you can contact travel agencies or travel assistance companies.



STEP V

WELCOME TO RUSSIA! EMERGENCY TELEPHONE NUMBERS

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USEFUL AND EMERGENCY TELEPHONE NUMBERS

EMERGENCY

112

FEDERAL MIGRATION SERVICE OF RUSSIA

8 (800) 350 23 69 * 381

POLICE

8 (800) 222 74 47



CONTACT INFORMATION

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