



MEDICAL TOURISM IN KHANTY-MANSIYSK AUTONOMOUS DISTRICT - UGRA



LEARN HOW TO GET MEDICAL CARE IN UGRA

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Materials prepared by

Export of Medical Services Coordination
 Center Federal Research Institute for Health
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**MEDICAL TREATMENT
IN UGRA.
HOW DOES IT WORK?**

MEDICAL TREATMENT IN UGRA IS



HIGH QUALITY

High quality medical care
Meeting international
standards



THE BEST DOCTORS

Highly trained doctors,
nurses and other
medical specialists with
an international
experience



LOW COST

Medical care in Russia
has an excellent
cost-to-quality ratio



RUSSIAN CULTURE

Discover rich national
cultural heritage and
history

GETTING MEDICAL TREATMENT IN UGRA

IN UGRA THERE ARE OUTPATIENT MEDICAL CARE AND INPATIENT MEDICAL CARE. HEALTHCARE FACILITY SPECIALISTS WILL PROVIDE ASSISTANCE WITH CHOOSING THE TYPE OF MEDICAL CARE YOU NEED

OUTPATIENT MEDICAL CARE

**GET YOUR HEALTH CHECK-UP
WITHIN 2-3 DAYS WHILE YOU ARE
ON VACATION**

Check a healthcare facility website for more
information

INPATIENT MEDICAL CARE

**CHOOSE A HEALTH FACILITY
ACCORDING TO THE MEDICAL
PROCEDURE YOU ARE SEEKING
AND COME TO RUSSIA FOR HOSPITAL
ADMISSION**

Check a healthcare facility website for more
information



HOW TO GET MEDICAL CARE IN KHANTY-MANSIYSK AUTONOMOUS DISTRICT – UGRA?



STEP I
Choose
a health facility



STEP II
Get confirmation
from chosen
healthcare facility



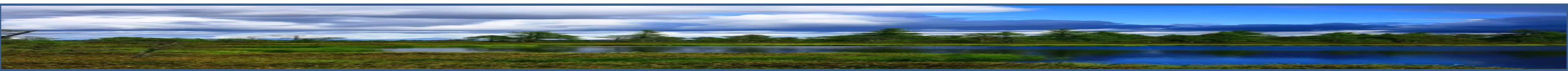
STEP III
Select type
of
transportation
and
accommodation



STEP IV
Apply for
a visa



STEP V
Welcome to Ugra!



STEP 1

CHOOSE THE BEST HEALTH FACILITY ACCORDING TO THE MEDICAL PROCEDURE YOU ARE SEEKING

CHOOSE YOUR MEDICAL CENTERS IN UGRA

CARDIOLOGY

District Cardiology Dispensary "Center of Diagnostic and Cardiovascular Surgery"

<https://www.cardioc.ru/>

Surgut

District Clinical Hospital

<https://www.okbhmao.ru/>

Khanty-Mansiysk

CARDIOVASCULAR SURGERY

District Cardiology Dispensary "Center of Diagnostic and Cardiovascular Surgery"

<https://www.cardioc.ru/>

Surgut

District Clinical Hospital

<https://www.okbhmao.ru/>

Khanty-Mansiysk

TRAUMATOLOGY AND ORTHOPEDICS

Surgut Clinical Traumatology Hospital

www.obtc.ru/

Surgut

OBSTETRICS AND GYNECOLOGY, REPRODUCTIVE TECHNOLOGIES

Surgut Clinical Perinatal Center

surgut-kpc.ru/

Surgut

ONCOLOGY

District Clinical Hospital

<https://www.okbhmao.ru/>

Khanty-Mansiysk

Surgut Regional Clinical Hospital

<https://surgutokb.ru/>

Surgut

OPHTHALMOLOGY

District Clinical Hospital

<https://www.okbhmao.ru/>

Khanty-Mansiysk

CHOOSE YOUR MEDICAL CENTERS IN UGRA

THERAPY

District Clinical Hospital
<https://www.okbhmao.ru/> **Khanty-Mansiysk**

Surgut Regional Clinical Hospital
<https://surgutokb.ru/> **Surgut**

ENDOCRINOLOGY

District Clinical Hospital
<https://www.okbhmao.ru/> **Khanty-Mansiysk**

Surgut Regional Clinical Hospital
<https://surgutokb.ru/> **Surgut**

MEDICAL REHABILITATION

Surgut Clinical Traumatology Hospital
www.obtc.ru/ **Surgut**

District Cardiology Dispensary "Center of Diagnostic and Cardiovascular Surgery"
<https://www.cardioc.ru/> **Surgut**

District Clinical Hospital
<https://www.okbhmao.ru/> **Khanty-Mansiysk**

SURGERY

District Clinical Hospital
<https://www.okbhmao.ru/> **Khanty-Mansiysk**

Surgut Regional Clinical Hospital
<https://surgutokb.ru/> **Surgut**

ESTETIC SURGERY

Surgut Regional Clinical Hospital
<https://surgutokb.ru/> **Surgut**

STEP II

CONTACT A SPECIALIST FROM YOUR CHOSEN HEALTH FACILITY TO DECIDE ON THE FORM OF MEDICAL TREATMENT YOU NEED AND FOR PREPARING DOCUMENTS FOR YOUR VISIT TO UGRA

1. CHECK THE SECTION «MEDICAL TOURISM» ON THE HEALTH CARE FACILITY WEB-SITE

2. READ THE INFORMATION

3. MAKE A REQUEST THROUGH A PHONE CALL OR EMAIL

4. GET A CONFIRMATION FOR TREATMENT AND FOLLOW THE INSTRUCTIONS TO APPLY FOR A VISA



If you have any questions do not hesitate to contact
Export of Medical Services Coordination Center

STEP III

**SELECT THE BEST TYPE OF TRANSPORTATION
AND ACCOMMODATION**

TRANSPORTATION

• If you arrived in Surgut by plane:



• If you arrived in Khanty-Mansiysk by plane:



TRAVEL APPs

to download before your trip FOR IOS and ANDROID

Public transportation and car rental (car sharing)

1. Bus, trolleybus, cable car:
Yandex.Transport

City maps

1. Russian city maps:
Yandex.Maps
Google maps
2. Off-line Russian city maps:
2GIS

Attractions in Russia

1. City guide Apps:
Triposo
Redigo
2. Restaurant guide App:
TripAdvisor

ACCOMMODATION

ACCOMMODATION OPTIONS IF YOU ARE COMING FOR OUTPATIENT ADMISSION

<https://www.booking.com/>

<https://www.tripadvisor.com/>

<https://www.airbnb.com/>

Please contact a tour operator or assistance companies if you need any assistance with organizing your trip.

ACCOMMODATION OPTIONS IF YOU ARE COMING FOR INPATIENT ADMISSION

Contact a specialist from a health facility for information about your accommodation. Please do not forget to do it in advance.



STEP IV

APPLY FOR A RUSSIAN VISA

WHAT TYPES OF RUSSIAN VISAS ARE THERE?

TOURIST

PURPOSE OF VISIT:
TARGET TOURISM

The period of validity: up to 30 days

For those who visit Russia for tourism purposes on a specialized tour for health check-ups or medical consultations

BUSINESS

PURPOSE OF VISIT:
MEDICAL TREATMENT

The period of validity: up to 90 days

For those who visit Russia for medical treatment, health check-ups, medical advice with official invitation obtained from a health facility (except target tourism for the purpose of treatment and critical care).

PRIVATE

PURPOSE OF VISIT:
SPECIAL CASES

The period of validity: up to 90 days

For those who travel to Russia for emergency medical treatment or to visit a sick relative.

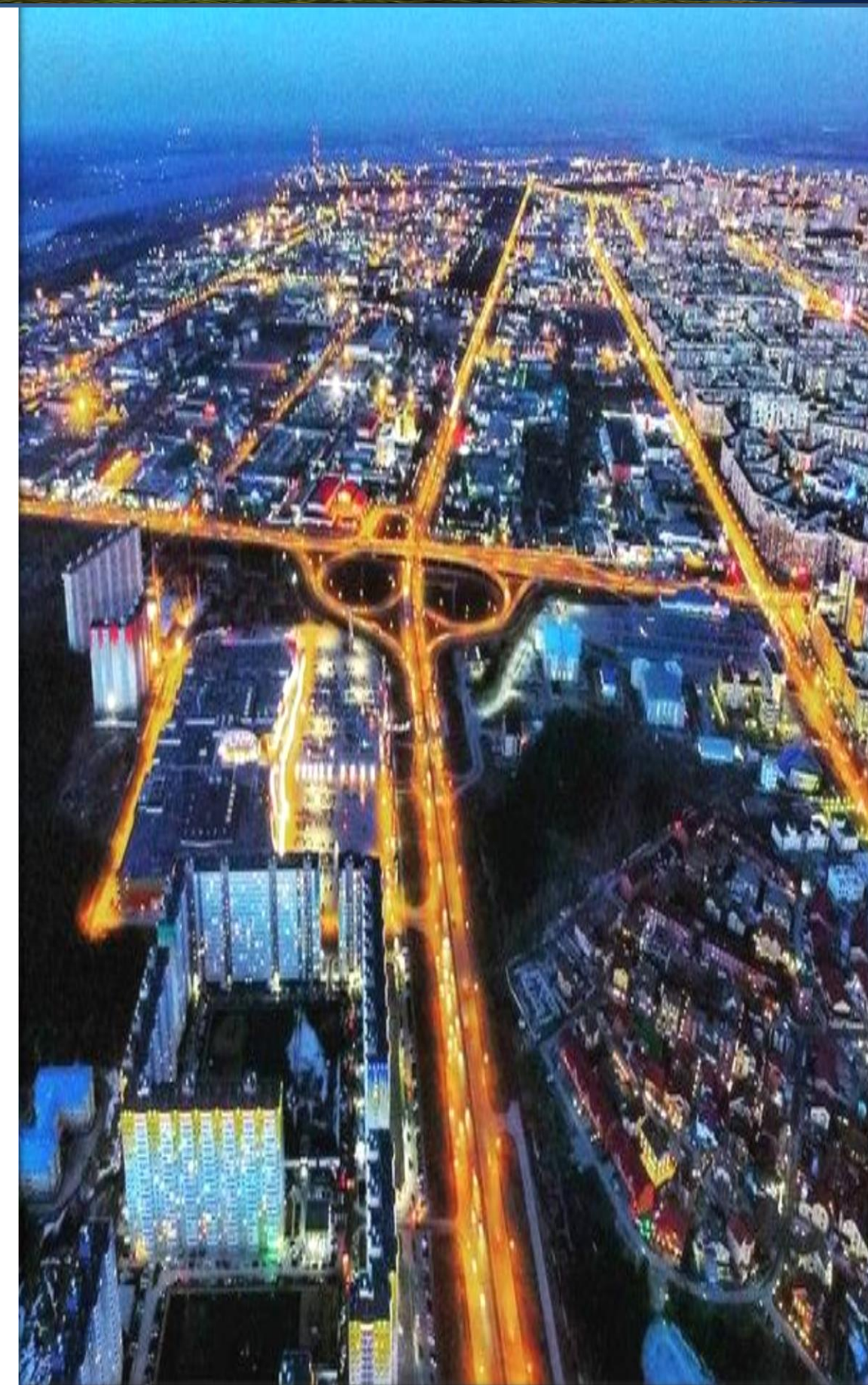
Help with processing documents for entering Russia

GETTING AN OFFICIAL INVITATION

Once you get an approval for treatment, the health facility should obtain an official invitation and submit your documents to the Federal Migration Service of Russia in order to register your migration.

APPLYING THROUGH TRAVEL AGENCIES OR TRAVEL ASSISTANCE COMPANIES

In case you need additional help with applying for a Russian visa, you can contact travel agencies or travel assistance companies.



STEP V

WELCOME TO UGRA!
EMERGENCY TELEPHONE NUMBERS

USEFUL AND EMERGENCY TELEPHONE NUMBERS

EMERGENCY

**FEDERAL MIGRATION
SERVICE OF RUSSIA**

POLICE

112

**8 (800) 350 23 69,
* 381**

8 (800) 222 74 47

CONTACT INFORMATION

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Center Federal Research Institute for
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Diagnostic and Cardiovascular Surgery"**

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