



MEDICAL TOURISM IN REPUBLIC OF TUVA OF THE RUSSIAN FEDERATION



**LEARN HOW TO GET MEDICAL CARE IN REPUBLIC OF TUVA
OF THE RUSSIAN FEDERATION**

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What is the treatment in the Republic of Tuva?



TREATMENT IN THE REPUBLIC OF TUVA IS:



HIGH QUALITY

High quality medical care



BEST DOCTORS

Qualified medical specialists
with international practice



AFFORDABLE PRICE

Competitive cost of medical
services of all profiles



ACQUAINTANCE WITH CULTURE OF THE REGION

You will familiarize yourself
with sights and national
traditions

PROVISION OF MEDICAL CARE

In the Russian Federation, you can get medical care on an outpatient and inpatient basis.

Assistance in choosing the treatment conditions for the patient is provided by a medical organization in accordance with the patient's request.

Outpatient

**PASS THE EXAMINATION
(CHECK-UP) FOR 1-2 DAYS
AT THE MOMENT OF YOUR
TOURIST TRIP
IN RUSSIA**

LEARN MORE ON THE SITE OF THE CHOSENED MEDICAL
ORGANIZATION

Inpatient

**CHOOSE A MEDICAL
ORGANIZATION BY YOUR
PROFILE AND COME TO
RUSSIA FOR PLANNED
HOSPITALIZATION**

LEARN MORE ON THE SITE OF THE CHOSENED MEDICAL
ORGANIZATION

HOW TO GET MEDICAL CARE IN THE REPUBLIC OF TUVA



I STEP:

Choose a medical
organization



II STEP:

Contact
with a medical
organization
for confirmation



III STEP:

Choose type of
accommodation
and transport



IV STEP:

Apply for a visa



V STEP:

Welcome to Russia!

I STEP

CHOOSE A MEDICAL ORGANIZATION BY YOUR OWN MEDICAL PROFILE



PROFILES OF HEALTH CARE AND MEDICAL INSTITUTIONS OF THE REPUBLIC OF TUVA

-Cardiology
-Neurology
-Neurosurgery
-Traumatology and orthopedics
-Abdominal surgery
-Plastic surgery
-Ophthalmosurgery
-Endocrinology

«Republican hospital #1», Kyzyl
city

[Ресбольница.рф](http://resbolnitsa.ru)

GYNECOLOGY AND BIRTH CARE

“Perinatal Center”, Kyzyl city

<http://pcent-tuva.ru/>

CHILDREN'S HEALTH

“Republican children’s hospital”, Kyzyl city

<http://www.rdb.tuva.ru/>

DENTISTRY

"Dental clinic", Kyzyl city

<http://stomatolog-tuva.ru/>

DERMATOLOGY AND VENEROLOGY

"Republican Dermatovenerologic Dispensary",
Kyzyl city

<http://rkvd.tuva.ru/>

PROFILES OF HEALTH CARE AND MEDICAL INSTITUTIONS OF THE REPUBLIC OF TUVA

MEDICAL PREVENTION AND REHABILITATION

"Republican Center of Medical Prevention", Kyzyl city

<https://rcmp17.ru/>

REHABILITATION

"Sanatorium-dispensary Serebryanka", urban settlement
Kaa-Khem

<http://serebryanka.tuva.ru>

EMERGENCY AND MEDICINE DISASTERS

"Republican Center of Emergency Medicine and Disaster
Medicine", Kyzyl city

<https://kyzyl.ya17.ru/>

INFECTIOUS DISEASES

"Infectious Diseases Hospital", Kyzyl city

<http://inf17.ru/>

PSYCHIATRY

"Republican Psychiatric Hospital", Kyzyl city

<http://www.rpb17.ru/>

NARCOLOGY

"Republican Narcological Dispensary", Kyzyl city

Рндтува.рф

II STEP

**CONTACT THE REPRESENTATIVE OF THE MEDICAL ORGANIZATION
FOR DETERMINING THE TREATMENT CONDITIONS
AND PREPARATION OF DOCUMENTS FOR VISIT TO RUSSIA**

1. GO TO THE SITE OF THE PROFILE MEDICAL ORGANIZATION IN SECTION "MEDICAL TOURISM"
2. READ THE INFORMATION SUBMITTED
3. WRITE YOUR REQUEST FOR THE SPECIFIED E-MAIL OR CALL ON THE SPECIFIED TELEPHONE NUMBER
4. GET CONFIRMATION FOR TREATMENT AND FOLLOW RECEIVED FROM A MEDICAL ORGANIZATION TO RECOMMENDATIONS FOR DRAWING UP THE RELATED DOCUMENTATION



If you have any questions do not hesitate to contact Export of Medical Services Coordination Center

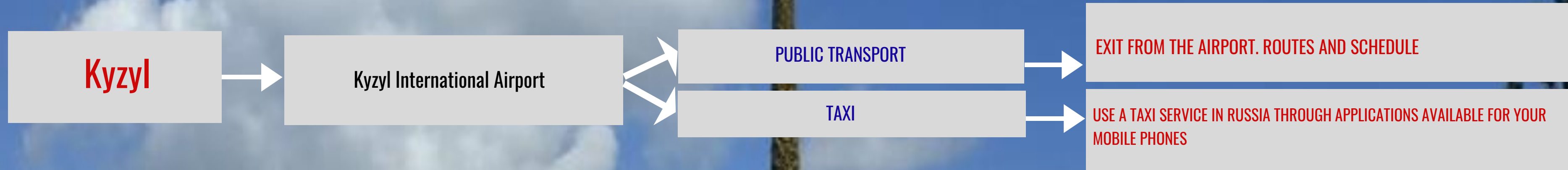
III STEP

**CHOOSE ACCOMMODATION AND TRANSPORT
FOR A COMFORTABLE STAY IN THE REPUBLIC OF TUVA**



TRANSPORT

- If you arrived in Kyzyl by plane:



- If you arrived in Kyzyl by bus:



ACCOMMODATION



IF YOU ARE GOING TO RUSSIA FOR OUTPATIENT TREATMENT

In the case of outpatient treatment, you can independently choose a comfortable stay using the following services:

<https://www.booking.com/>

<https://www.tripadvisor.com/>

<https://www.airbnb.com/>

or seek help from a tour operator / assistance organization



IF YOU ARE GOING TO RUSSIA FOR INPATIENT TREATMENT

You can find out the conditions of your accommodation from the medical organization that you have chosen in accordance with the profile of medical care.

Please contact your healthcare provider in advance regarding accommodation.



IV STEP

GET A VISA FOR ARRIVAL IN RUSSIA



WHAT TYPES OF RUSSIAN VISAS ARE THERE?*

TOURIST

PURPOSE OF VISIT: TARGET
TOURISM

The period of validity: up to 30 days

For those who visit Russia for tourism purposes on a specialized tour for health check-ups or medical consultations

BUSINESS

PURPOSE OF VISIT: MEDICAL
TREATMENT

The period of validity: up to 90 days

For those who visit Russia for medical treatment, health check-ups, medical advice with official invitation obtained from a health facility (except target tourism for the purpose of treatment and critical care).

PRIVATE

PURPOSE OF VISIT:
SPECIAL CASES

The period of validity: up to 90 days

For those who travel to Russia for emergency medical treatment or to visit a sick relative.

Help with processing documents for entering Russia



GETTING AN OFFICIAL INVITATION

Once you get an approval for treatment, the health facility should obtain an official invitation and submit your documents to the Federal Migration Service of Russia in order to register your migration.



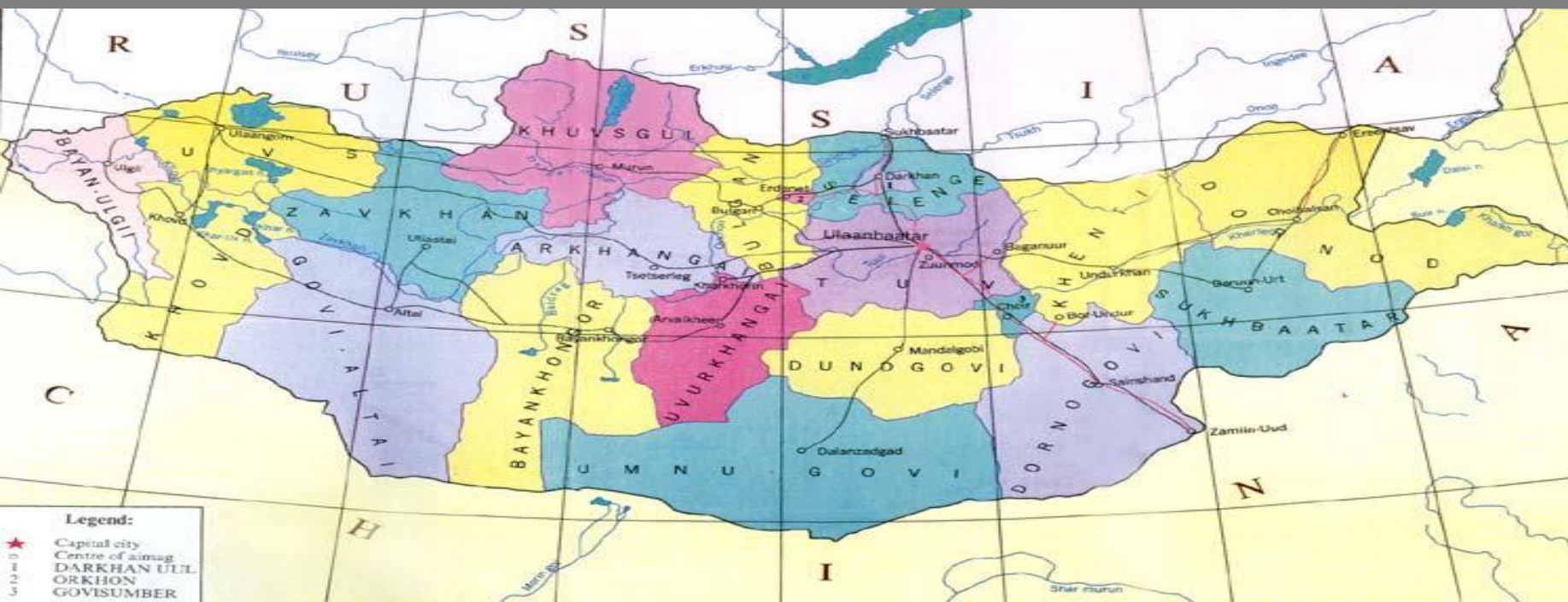
APPLYING THROUGH TRAVEL AGENCIES OR TRAVEL ASSISTANCE COMPANIES

In case you need additional help with applying for a Russian visa, you can contact travel agencies or travel assistance companies.



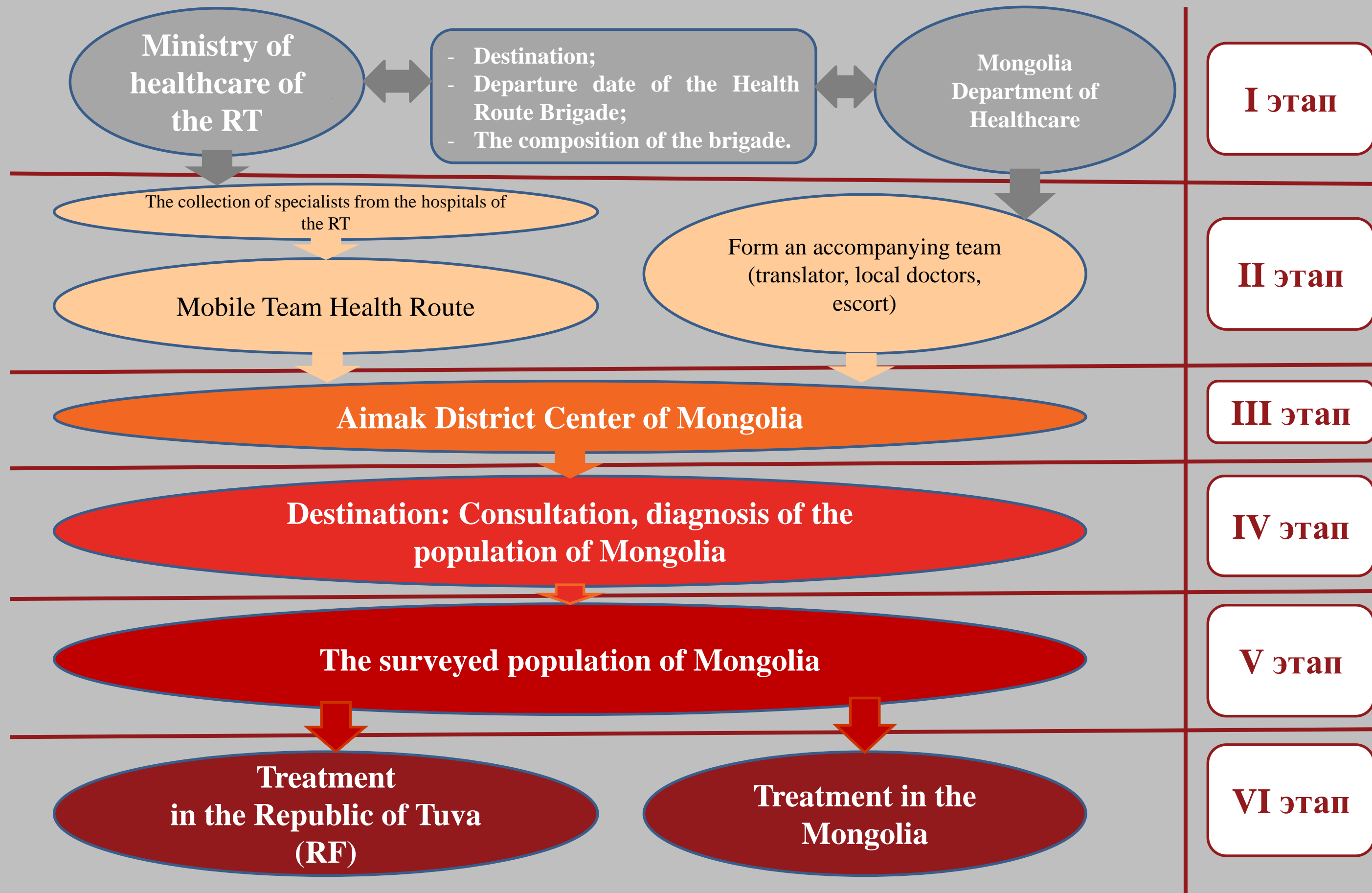
A special type of export of medical services of the Republic of Tuva is the on-site nature of the service in the form of a mobile medical team “Health Route” and a mobile consultative and diagnostic complex.

The main consumers of export services are 5% of the population of the UVS and Bayan-Ulgy Aymaks of Mongolia with a total number of 181472 people.



Ensuring the accessibility and quality of medical services for the population of the Uvs and Bayan-Ulgiy Aymaks of the Mongolia (the distance between the Kyzyl city and Ulaangom city is 400 km; the Ulaanbator city and Ulaangom city is 1,500 km)

Network interaction during the implementation of the project





V STEP

WELCOME TO RUSSIA!
USEFUL PHONES



USEFUL AND EMERGENCY TELEPHONE NUMBERS

EMERGENCY

**FEDERAL MIGRATION
SERVICE OF RUSSIA**

POLICE

112

8(394-22)3-24-87

8(394-22)9-36-02

CONTACT INFORMATION

**Export of Medical Services Coordination Center
Federal Research Institute
for Health organization and informatics of the
Ministry
of Health of the Russian Federation**

127256, MOSCOW, DOBROLYUBOVA ST., 11

EMAIL ADDRESS

export@mednet.ru

