



# **MEDICAL TOURISM IN THE REPUBLIC OF BURYATIA**



**LEARN HOW TO GET MEDICAL CARE IN the Republic of Buryatia**

# CONTANTS

**Medical treatment in the Republic of Buryatia.**

**How does it work?**

**3-6**

**Step I: Choose a health facility**

**7-8**

**Step II: Contact a specialist from a chosen health Facility**

**9-10**

**Step III: Transportation and accommodation**

**11-14**

**Step IV: Apply for a visa**

**15-17**

**Step V: Welcome to the Republic of Buryatia !**

**18-19**

**Contact information**

**20**

Materials prepared by  
Export of Medical Services  
Coordination Center Federal  
Research Institute for Health  
organization and informatics of  
the Ministry of Health of the  
Russian Federation

# MEDICAL TREATMENT IN REPUBLIC OF BURYATIA

## HOW DOES IT WORK?

# MEDICAL TREATMENT IN THE REPUBLIC OF BURYATIA



## HIGH QUALITY

High quality medical care  
Meeting international  
standards



## THE BEST DOCTORS

Highly trained doctors,  
nurses and other medical  
specialists with  
an international experience



## LOW COST

Medical care in the  
Republic of Buryatia has an  
excellent  
cost-to-quality ratio



## CULTURE OF BURYATIA

Discover rich national  
cultural heritage and history

**GETTING MEDICAL TREATMENT IN THE REPUBLIC OF BURYATIA  
IN THE REPUBLIC OF BURYATIA. THERE ARE OUTPATIENT MEDICAL  
CARE AND INPATIENT MEDICAL CARE. HEALTHCARE FACILITY  
SPECIALISTS WILL PROVIDE ASSISTANCE WITH CHOOSING  
THE TYPE OF MEDICAL CARE YOU NEED.**

**OUTPATIENT MEDICAL  
CARE**

**GET YOUR HEALTH CHECK-UP  
WITHIN 2-3 DAYS WHILE YOU ARE  
ON VACATION**

**Check a healthcare facility  
website for more information**

**INPATIENT MEDICAL  
CARE**

**CHOOSE A HEALTH FACILITY ACCORDING  
TO THE MEDICAL PROCEDURE YOU ARE  
SEEKING  
AND COME TO THE REPUBLIC OF  
BURYATIA FOR HOSPITAL ADMISSION**

**Check a healthcare facility  
website for more information**

# HOW TO GET MEDICAL CARE IN THE REPUBLIC OF BURYATIA?



**STEP I**  
**Choose**  
**a health**  
**facility**



**STEP II**  
Get confirmation  
from chosen  
healthcare  
facility



**STEP III**  
Select type of  
transportation  
and  
accommodation



**STEP IV**  
**Apply**  
**for a**  
**visa**



**STEP V**  
**Welcome to**  
**The Republic**  
**of Buryatia!**

# STEP I

**CHOOSE THE BEST HEALTH FACILITY  
ACCORDING TO THE MEDICAL PROCEDURE  
YOU ARE SEEKING**



# CHOOSE YOUR MEDICAL RESEARCH CENTERS IN THE REPUBLIC OF BURYATIA

## Rehabilitation

State Autonomous Educational Institution “Republican Clinical Treatment and Rehabilitation Center” Center for Eastern Medicine ”

<https://www.cvmed.ru/>

## Gynecology and obstetrics

State Autonomous Institution “Republican Perinatal Center”

<https://www.rpc03.ru/>

## CHILDREN'S HEALTH

GAUZ "Children's Republican Clinical Hospital"

<https://drkb.ru/>

## OPHTHALMOLOGY

GAUZ "Republican Clinical Hospital named after O.N. Semashko “

<https://rkbsemashko.ru/>

## In vitro fertilization

LLC «Medical Center «Diamed»

<https://diamedrb.ru/>

## Dentistry

State Autonomous Institution "Republican Dental Clinic“

E-mail: [rspbur@mail.ru](mailto:rspbur@mail.ru)

GAUZ «Dental Clinic №1»

E-mail: [stom\\_1@mail.ru](mailto:stom_1@mail.ru)

GAUZ «Dental Clinic №2»

E-mail: [stom2yy@mail.ru](mailto:stom2yy@mail.ru)



# STEP II

**CONTACT A SPECIALIST FROM YOUR CHOSEN  
HEALTH FACILITY TO DECIDE THE FORM  
OF MEDICAL TREATMENT YOU NEED AND FOR  
PREPARING DOCUMENTS FOR YOUR VISIT  
TO THE REPUBLIC OF BYRYATIA**

**1. CHECK THE SECTION "MEDICAL TOURISM" ON THE HEALTH CARE FACILITY WEB-SITE**

**2. READ THE INFORMATION**

**MAKE A REQUEST THROUGH A PHONE CALL OR EMAIL**

**3. GET A CONFIRMATION FOR TREATMENT AND FOLLOW THE INSTRUCTIONS TO APPLY FOR A VISA**

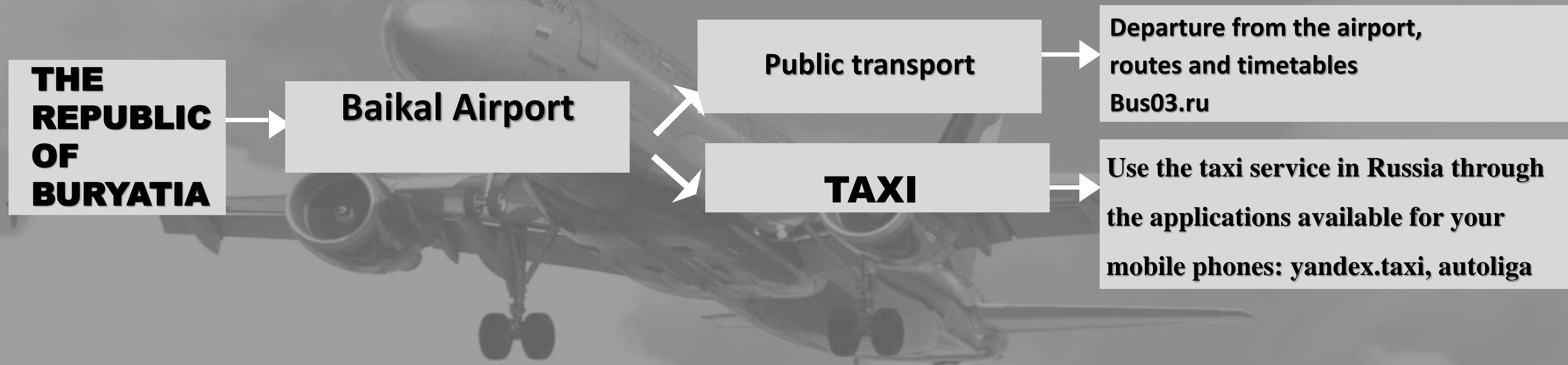
**If you have any questions do not hesitate to contact Export of Medical Services Coordination Center**



# STEP III

**SELECT THE BEST TYPE OF TRANSPORT AND  
ACCOMMODATION**

# TRANSPORTATION



# TRAVEL APPs

## to download before your trip FOR IOS and ANDROID

### Public transportation and car rental (car sharing)

1. Bus, trolleybus, cable car:

**Yandex.Transport**

2. City maps:

**Yandex.Metro**

3. Car rental (car sharing):

**BelkaCar**

**DeliMobil**

### City maps

1. The Republic of Buryatia city  
maps:

**Yandex.Maps**

**Google maps**

2. Off-line the Republic of  
Buryatia city maps:

**2GIS**

### Attractions in the REPUBLIC OF BURYATIA

1. City guide Apps:

**Triposo**

**Redigo**

2. Restaurant guide App:

**TripAdvisor**

# ACCOMMODATION



**ACCOMMODATION OPTIONS IF YOU  
ARE COMING FOR OUTPATIENT ADMISSION**

<https://www.booking.com/>

<https://www.tripadvisor.com/>

<https://www.airbnb.com/>



**IF YOU ARE GOING TO RUSSIA FOR STATIONARY TREATMENT**

**Contact a specialist from a health facility for information about your accommodation. Please do not forget to do it in advance.**

# STEP IV

**APPLY FOR A RUSSIAN VISA**



# TYPES OF RUSSIAN VISAS

## TOURIST

PURPOSE OF VISIT:  
TARGET TOURISM

**The period of validity:  
up to 30 days**

For those who visit Russia for tourism purposes on a specialized tour for health check-ups or medical consultations

## BUSINESS

PURPOSE OF VISIT:  
MEDICAL TREATMENT

**The period of validity:  
up to 90 days**

For those who visit Russia for medical treatment, health check-ups, medical advice with official invitation obtained from a health facility (except target tourism for the purpose of treatment and critical care).

## PRIVATE

PURPOSE OF VISIT:  
SPECIAL CASES

**The period of validity:  
up to 90 days**

For those who travel to Russia for emergency medical treatment or to visit a sick relative.

# Help with processing documents for entering Russia



## GETTING AN OFFICIAL INVITATION

Once you get an approval for treatment, the health facility should obtain an official invitation and submit your documents to the Federal Migration Service of Russia in order to register your migration.



## APPLYING THROUGH TRAVEL AGENCIES OR TRAVEL ASSISTANCE COMPANIES

In case you need additional help with applying for a Russian visa, you can contact travel agencies or travel assistance companies.



# STEP V

**WELCOME TO THE REPUBLIC OF  
BURYATIA!  
EMERGENCY TELEPHONE NUMBER**

# USEFUL AND EMERGENCY TELEPHONE NUMBERS

EMERGENCY

FEDERAL  
MIGRATION  
SERVICE OF RUSSIA

POLICE

**112**

**8 (800) 350 23 69**  
**\* 381**

**8 (800) 222 74 47**

## CONTACT INFORMATION

**Export of Medical Services Coordination Center**  
*Federal Research Institute*  
*for Health organization and informatics of the*  
*Ministry of Health of the Russian Federation*

**127256, MOSCOW, DOBROLYUBOVA  
ST., 11**

**EMAIL ADDRESS**  
**[export@mednet.ru](mailto:export@mednet.ru)**