



MEDICAL TOURISM IN MURMANSK REGION



HOW TO GET MEDICAL CARE IN MURMANSK REGION

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Materials prepared by

THE COORDINATING CENTER OF
EXPORT OF MEDICAL SERVICES OF
FSBI "TSNIIOIZ" RUSSIAN MINISTRY OF
HEALTH.

THE TREATMENT IN MURMANSK REGION

THE TREATMENT IN MURMANSK REGION IS:



HIGH QUALITY

High quality medical care that
meets international standards



BEST DOCTORS

Qualified medical specialists
with international practice



AFFORDABLE PRICE

Competitive cost of medical
services of all profiles



ACQUAINTANCE WITH REGION'S CULTURE

You will meet
with the sights of the country and
national traditions

PROVISION OF MEDICAL CARE

You can get medical care on an outpatient and inpatient basis In the Russian Federation.

Assistance in the selection of treatment conditions for the patient is provided by a medical organization in accordance with the request of the patient.

OUTPATIENT CARE

**PASS THE EXAMINATION
(CHECK-UP) IN 1-2 DAYS
DURING YOUR TOURIST TRIP
IN RUSSIA**

LEARN MORE ON THE WEBSITE OF THE
CHOSEN MEDICAL ORGANIZATION

INPATIENT CARE

**CHOOSE A MEDICAL
ORGANIZATION BY YOUR PROFILE
AND COME TO
TO RUSSIA FOR PLANNED
HOSPITALIZATION**

LEARN MORE ON THE WEBSITE OF THE
CHOSEN MEDICAL ORGANIZATION

HOW TO GET MEDICAL CARE IN MURMANSK REGION



I stage:
Choose a medical
organization



II stage:
Contact
with a medical
organization
for confirmation



III stage:
Choose type of
accommodation
and transport



IV stage:
Apply for a visa



V stage:
Welcome to Russia!

I STAGE

**CHOOSE A MEDICAL ORGANIZATION ACCORDING TO YOUR
MEDICAL PROFILE**

PROFILES OF HEALTH CARE AND MEDICAL CENTERS MURMAN REGION

CARDIOLOGY

Murmansk Regional Clinical Hospital named after
P.A. Bayandin <https://mokb51.ru/>

Murmansk Regional Clinical multidisciplinary center
<https://bsmp51.ru/>

TRAUMATOLOGY AND ORTHOPEDICS

Murmansk Regional Clinical Hospital named after P.A.
Bayandin <https://mokb51.ru/>

-----Мурманск
Murmansk Regional Clinical multidisciplinary center
<https://bsmp51.ru/>

OPHTHALMOLOGY

Murmansk Regional Clinical Hospital named after P.A.
Bayandin <https://mokb51.ru/>

Murmansk Regional Clinical multidisciplinary center
<https://bsmp51.ru/>

GYNECOLOGY AND BIRTH CARE CHILDREN'S HEALTH

Murmansk Regional Clinical multidisciplinary center
<https://bsmp51.ru/>

Murmansk Regional Children's Clinical Hospital
mdgb@com.mels.ru

NEUROLOGY AND NEUROSURGERY

Murmansk Regional Clinical Hospital named after P.A.
Bayandin <https://mokb51.ru/>

PROFILES OF HEALTH CARE AND MEDICAL CENTERS MURMAN REGION

THERAPY AND PROFESSIONAL MEDICINE

Murmansk Regional Clinical Hospital named
after P.A. Bayandin <https://mokb51.ru/>

Murmansk Regional Clinical multidisciplinary
center
<https://bsmp51.ru/>

REHABILITATION

Murmansk Regional Clinical Hospital named
after P.A. Bayandin <https://mokb51.ru/>

Murmansk Regional Clinical multidisciplinary
center
<https://bsmp51.ru/>

ENDOCRINOLOGY

Murmansk Regional Clinical Hospital named
after P.A. Bayandin <https://mokb51.ru/>

Murmansk Regional Clinical multidisciplinary
center
<https://bsmp51.ru/>

II STAGE

**CONTACT THE REPRESENTATIVE OF THE MEDICAL
ORGANIZATION FOR DETERMINING THE TREATMENT CONDITIONS
AND PREPARATION OF DOCUMENTS FOR VISIT TO RUSSIA**

1. GO THE WEBSITE OF THE MEDICAL ORGANIZATION
IN SECTION "MEDICAL TOURISM"
2. READ THE INFORMATION SUBMITTED
3. WRITE YOUR REQUEST FOR THE SPECIFIED E-MAIL
OR CALL ON THE SPECIFIED TELEPHONE NUMBER
4. GET CONFIRMATION FOR TREATMENT AND FOLLOW RECEIVED
FROM A MEDICAL ORGANIZATION TO RECOMMENDATIONS FOR DRAWING
UP THE RELATED DOCUMENTATION



IN CASE OF ADDITIONAL QUESTIONS, CONTACT THE COORDINATING CENTER OF EXPORT OF
MEDICAL SERVICES OF FEDERAL RESEARCH INSTITUTE FOR HEALTH ORGANIZATION AND
INFORMATICS OF MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION.
FOR COMMUNICATION, PLEASE GO TO THE CONTACTS SECTION

III STAGE

**CHOOSE ACCOMMODATION AND TRANSPORT
FOR A COMFORTABLE STAY IN MURMAN REGION**

TRANSPORT

If you arrived in Murmansk by plane:

Murmansk

Murmansk International Airport

PUBLIC TRANSPORT

TAXI

DEPARTURE FROM THE AIRPORT. ROUTES AND SCHEDULE

murmanbus.ru

USE A TAXI SERVICE IN RUSSIA THROUGH APPLICATIONS AVAILABLE FOR YOUR MOBILE PHONES:

YANDEX. TAXI, АВТОЛИГА.

USEFUL APPLICATIONS FOR YOUR SMARTPHONE (FOR IOS AND ANDROID)

PUBLIC TRANSPORT AND RENT A CAR (CAR SHARING)

1. Bus, trolleybus, tram:
[Yandex.Transport](#)

MAP OF CITIES OF RUSSIA

1. Map of Russian cities:

[Yandex.Maps](#)

[Google maps](#)

2. Off-line maps of cities in
Russia:

[2GIS](#)

SIGHTS OF RUSSIA

1. City guides:

[Triposo](#)

[Redigo](#)

2. Restaurant Guides:

[TripAdvisor](#)

ACCOMMODATION



IF YOU ARE GOING TO RUSSIA FOR OUTPATIENT CARE

In the case of outpatient care, you can independently choose a comfortable stay using the following services:

<https://www.booking.com/>

<https://www.tripadvisor.com/>

<https://www.airbnb.com/>

or seek help from a tour operator / assistance organization



IF YOU ARE GOING TO RUSSIA FOR INPATIENT CARE

You can find out the conditions of your accommodation from the medical organization that you have chosen in accordance with the profile of medical care. Please contact your healthcare provider in advance regarding accommodation.



IV STAGE

GET A VISA FOR ARRIVAL IN RUSSIA

REGULATORY FRAMEWORK FOR VISAS FOR FOREIGN CITIZENS

In accordance with Article 2 of the Federal Law of July 25, 2002 No. 115-Φ3 On the Legal Status of Foreign Citizens in the Russian Federation, a foreign citizen is an individual who is not a citizen of the Russian Federation and has evidence of the citizenship (nationality) of a foreign state; stateless person - an individual who is not a citizen of the Russian Federation and does not have evidence of the citizenship (nationality) of a foreign state.

In accordance with Article 25.2 of the Federal Law of August 16, 1996 No. 114-Φ3 "On the Procedure for Departure from the Russian Federation and Entry into the Russian Federation" a visa can be single, double and multiple.

In accordance with Article 25.6 of Federal Law of August 16, 1996 No. 114-Φ3 "On the Procedure for Departure from the Russian Federation and Entry into the Russian Federation", depending on the purpose of the foreign citizen's entry into the Russian Federation and the purpose of his stay in the Russian Federation, ordinary visas are divided into private, business, tourist, educational, working, humanitarian and entry visas to the Russian Federation in order to obtain asylum, obtain a temporary residence permit in the Russian Federation or receive Russian citizenship.

Article 25.9.

Upon entering the Russian Federation, a foreign citizen or stateless person is required to receive and fill out a migration card.

The migration card must be delivered (returned) at the checkpoint at the State border of the Russian Federation on departure of a foreign citizen or stateless person from the Russian Federation.

In accordance with Article 18 of Section II in the Russian Federation, depending on the purpose of entry of foreign citizens into the Russian Federation and the purpose of their stay in the Russian Federation, the following categories of visas exist: a) diplomatic, b) official, c) ordinary, d) transit, e) Visa of a temporary resident.

VISA TYPE SELECTION AND IDENTIFICATION OF PURPOSE OF STAY*

* In accordance with the appendix to the joint order of the Ministry of Foreign Affairs of Russia, the Ministry of Internal Affairs of Russia and the Federal Security Service of Russia dated December 27, 2003 No. 19723A / 1048/922

VISA TYPE: TOURIST
PURPOSE OF STAY:
TARGET TOURISM

VALIDITY:
Up to 30 days

FOR WHOM:
Foreigners arriving with tourist purposes on a specialized tour for medical advice and for medical examination

VISA TYPE: BUSINESS
PURPOSE OF STAY:
TREATMENT

VALIDITY:
Up to 90 days

FOR WHOM:
Foreigners arriving for treatment, examination, medical consultations at the invitation of a medical institution (except for targeted tourism for the purpose of treatment) and emergency treatment

VISA TYPE: PRIVATE
PURPOSE OF STAY:
SPECIAL CASES

VALIDITY:
Up to 90 days

FOR WHOM:
Foreigners arriving for emergency treatment or due to a serious illness or death of a close relative

HELP WITH PAPERWORK FOR ENTRANCE TO RUSSIA



APPLICATION FOR ARRIVAL IN RUSSIA

The medical organization that has confirmed the possibility of your treatment can issue you an invitation to enter Russia, as well as resolve the issue of the migration registration.

To clarify the information, please contact your medical organization.



APPLICATION OF THE NECESSARY DOCUMENTATION FOR OBTAINING A VISA BY THIRD PARTIES

If a tour operator or an assistance organization is involved in the issue of your treatment in Russia, then entrust the organization with obtaining documentation for a visa.



V STAGE

WELCOME TO RUSSIA!

USEFUL CONTACTS

USEFUL CONTACTS

Single number of
emergency services

112

Federal Migration Service
Hotline

**8 (800) 350 23 69
add. 381**

Report violations of law and order in
the Russian Federation

8 (800) 222 74 47

OUR CONTACTS

FOR QUESTIONS AND SUGGESTIONS

COORDINATING CENTER

FOR EXPORT OF MEDICAL SERVICES

FEDERAL RESEARCH INSTITUTE FOR HEALTH

**ORGANIZATION AND INFORMATICS OF MINISTRY OF HEALTH
OF THE RUSSIAN FEDERATION**

127256, Moskow, Dobrolubova st., 11

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