



# **MEDICAL TOURISM IN RUSSIA**



**HOW TO GET HEALTH CARE IN THE RUSSIAN FEDERATION**



# STAGE I

CHOOSE A BRANCH OF MEDICINE

THE PUBLIC HEALTH INSTITUTION OF THE ORYOL OBLAST "ORYOL  
REGIONAL CLINICAL HOSPITAL"

# PROFILES OF HEALTH CARE

## The PHI of the Oryol Oblast

### "Oryol Regional Clinical Hospital"

<http://www.okb-orel.ru>

**Abdominal surgery**

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**Neurosurgery**

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**Traumatology and  
orthopedics**

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**Gastroenterology**

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**Obstetrics and gynecology**

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**Ophthalmology**

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**Urology**

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**Neurology**

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**Hematology**

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**Rheumatology**

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**Maxillofacial Surgery**

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**Neurology**

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**Combustiology**

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**Cardiovascular surgery**

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**Endocrinology**

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**Vertebrology**

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# STAGE II

CONTACT THE REPRESENTATIVE OF THE MEDICAL ORGANIZATION TO DETERMINE TREATMENT CONDITIONS AND PREPARING DOCUMENTS FOR VISITING RUSSIA

1. GO TO THE SPECIALIZED MEDICAL ORGANIZATION'S WEBSITE IN THE "MEDICAL TOURISM" SECTION
2. READ THE PROVIDED INFORMATION
3. SEND YOUR REQUEST TO THE SPECIFIED EMAIL ADDRESS OR CALL THE SPECIFIED PHONE NUMBER
4. GET TREATMENT CONFIRMATION AND FOLLOW RECOMMENDATIONS RECEIVED FROM THE MEDICAL ORGANIZATION FOR PREPARATION OF THE RELEVANT DOCUMENTATION



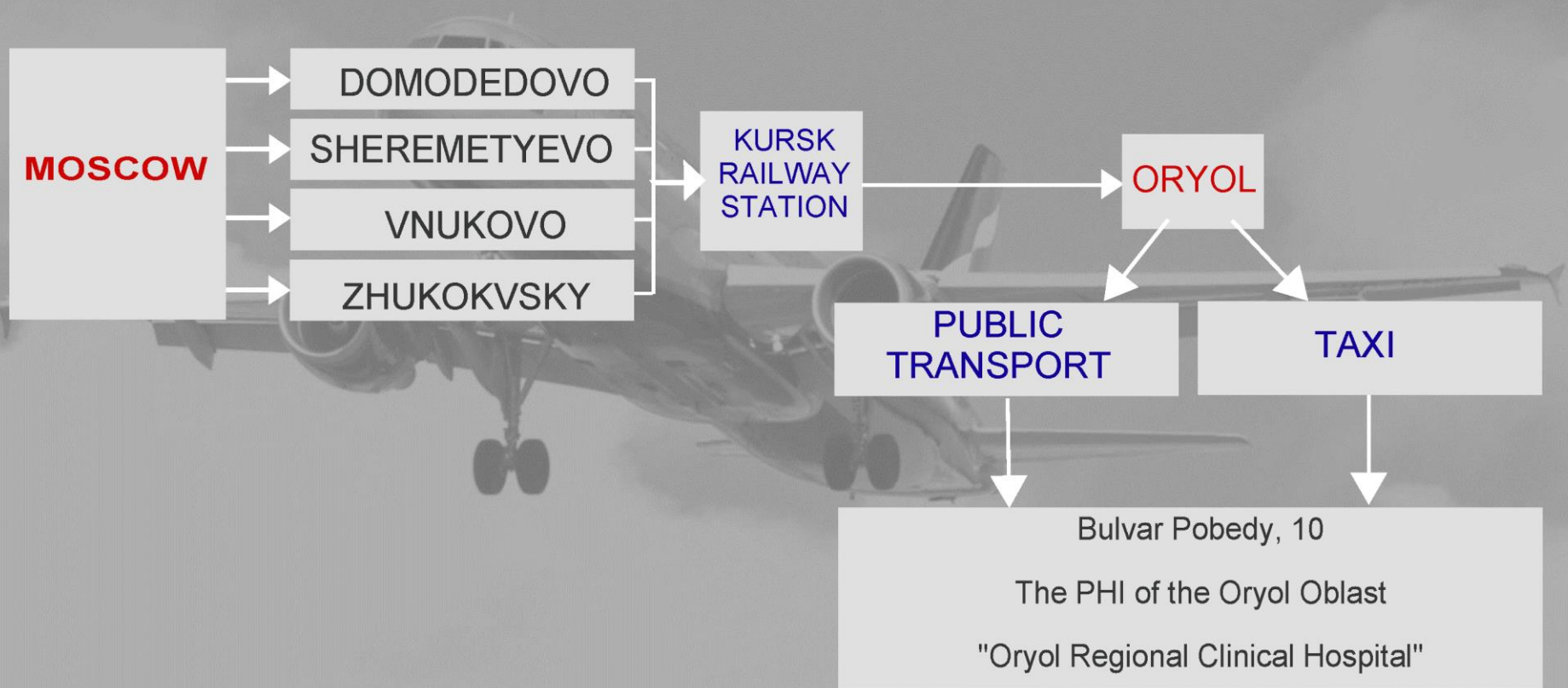
FOR ADDITIONAL QUESTIONS CONTACT THE COORDINATING CENTER FOR EXPORT OF MEDICAL SERVICES  
FEDERAL STATE BUDGETARY INSTITUTION "CENTRAL RESEARCH INSTITUTE OF HEALTH ORGANIZATION AND  
INFORMATIZATION" OF THE MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION  
FOR COMMUNICATION, PLEASE GO TO THE CONTACTS SECTION

# STAGE III

CHOOSE ACCOMMODATION AND TRANSPORT  
FOR A COMFORTABLE STAY IN RUSSIA

# TRANSPORT

If you arrived in Russia by plane



# ACCOMMODATION



## IF YOU ARE GOING TO RUSSIA FOR OUTPATIENT TREATMENT

In the case of outpatient treatment, you can independently choose a comfortable stay using the following services:

<https://www.booking.com/>

<https://www.tripadvisor.com/>

<https://www.airbnb.com/>

or seek help from a tour operator / assistance organization



## IN THE CASE OF HOSPITAL TREATMENT

You can find out the conditions of your accommodation from the medical organization that you have chosen in accordance with the medical branch of health care.

Please contact your health care provider in advance regarding accommodation.





# STAGE IV

GET A VISA FOR ARRIVAL IN RUSSIA

# NORMATIVE BASE FOR VISAS FOR FOREIGN CITIZENS

In accordance with Article 2 of the Federal Law of July 25, 2002 No. 115-FL "On the Legal Status of Foreign Citizens in the Russian Federation", a foreign citizen is an individual who is not a citizen of the Russian Federation and has evidence of the citizenship (citizenship) of a foreign state; stateless person - an individual who is not a citizen of the Russian Federation and lacking evidence of citizenship (citizenship) of a foreign state.

In accordance with Article 25.2 of the Federal Law of August 16, 1996 No. 114-FL "On the Procedure for Departure from the Russian Federation and Entry into the Russian Federation", a visa can be single, double and multiple.

In accordance with article 25.6 of federal law of August 16, 1996 No. 114-FL "On the procedure for leaving the Russian Federation and entering the Russian Federation", depending on the purpose of the foreign citizen's entry into the Russian Federation and the purpose of his stay in the Russian Federation, ordinary visas are divided into private, business, tourist, educational, working, humanitarian and entry visas to the Russian Federation in order to obtain asylum, obtain a temporary residence permit in the Russian Federation or obtain the Russian Federation citizenship.

Section 25.9. Upon entering the Russian Federation, a foreign citizen or stateless person is required to receive and fill out a migration card. The migration card is subject to surrender (return) at the checkpoint across the State border of the Russian Federation upon departure of a foreign citizen or stateless person from the Russian Federation.

In accordance with Article 18 of Section II in the Russian Federation, depending on the purpose of entry of foreign citizens into the Russian Federation and the purpose of their stay in the Russian Federation, the following categories of visas exist: a) diplomatic, b) official, c) ordinary, d) transit, e) visa of a temporary resident.

# COUNTRIES OF VISA-FREE OR SIMPLIFIED ENTRY INTO RUSSIA\*

\* The duration of stay in the Russian Federation in the case of visa-free entry has restrictions up to 14 days, up to 30 days and up to 90 days

## NEAR ABROAD COUNTRIES

1. Abkhazia
2. Armenia
3. Azerbaijan
4. Belarus
5. Moldova
6. Kazakhstan
7. Kyrgyzstan
8. Tajikistan
9. Uzbekistan
10. Ukraine
11. South Ossetia

1. Argentina
2. Bosnia and Herzegovina
3. Brazil
4. Colombia
5. Ecuador
6. Serbia
7. Venezuela
8. Guatemala
9. Chile
10. Israel
11. Macedonia
12. Nicaragua
13. Peru
14. El Salvador
15. Uruguay

## FAR ABROAD COUNTRIES

16. Fiji
17. Honduras
18. South Korea
19. Mauritius
20. Cuba
21. Macau
22. Montenegro
23. Serbia
24. Thailand
25. Ecuador
26. Mongolia
27. Seychelles
28. Hong Kong
29. Bolivia
30. Brunei Darussalam
31. Vanuatu
32. Guyana
33. Grenada
34. Laos
35. Nauru
36. UAE
37. Palau
38. Panama
39. Paraguay
40. Samoa
41. Saint Vincent and the Grenadines
42. Saint Kitts and Nevis
43. The Commonwealth of Dominica
44. South Africa
45. Jamaica

# SELECTION OF TYPE OF VISA AND DETERMINATION OF THE PURPOSE OF RESIDENCE\*

\* In accordance with the appendix to the joint order of the Ministry of Foreign Affairs of Russia, the Ministry of Internal Affairs of Russia and the Federal Security Service of Russia dated December 27, 2003 No. 19723A / 1048/922

## VISA TYPE: TOURIST

PURPOSE OF STAY:

TARGET TOURISM

### VALIDITY:

Up to 30 days

### FOR WHOM:

Foreigners arriving with tourist purposes on a specialized tour for medical advice and for medical examination

## VISA TYPE: BUSINESS

PURPOSE OF STAY:

TREATMENT

### VALIDITY:

Up to 90 days

### FOR WHOM:

Foreigners arriving for treatment, examination, medical consultations at the invitation of a medical institution (except for targeted tourism for the purpose of treatment) and emergency treatment

## VISA TYPE: PRIVATE

PURPOSE OF STAY:

SPECIAL CASES

### VALIDITY:

Up to 90 days

### FOR WHOM:

Foreigners arriving for emergency treatment or due to a serious illness or death of a close relative

# HELP IN PREPARING DOCUMENTS FOR ENTRANCE TO RUSSIA



## FORMALIZATION OF AN INVITATION FOR ARRIVAL IN RUSSIA

The medical organization that has confirmed the possibility of your treatment can issue you an invitation to enter Russia, as well as resolve the issue of registration with the migration register.

To clarify the information, please contact your medical organization.



## FORMALIZATION OF THE NECESSARY DOCUMENTATION FOR OBTAINING A VISA BY THIRD PARTIES

If a tour operator or an assistance organization is involved in the issue of your treatment in Russia, then entrust the organization with obtaining documentation for a visa.



# STAGE V

**WELCOME TO RUSSIA!**

USEFUL PHONES

# USEFUL PHONES

Unified Emergency  
Number

Federal Migration  
Service Hotline

Report violations of law  
and order in the  
Russian Federation

**112**

**8 (800) 350 23 69**  
ext. 381

**8 (800) 222 74 47**

# OUR CONTACTS

FOR QUESTIONS AND SUGGESTIONS

**302028, Oryol oblast,  
Oryol, Bulvar Pobedy, 10**

Email: [clinic@orel.ru](mailto:clinic@orel.ru)

CONTACT NUMBER

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