

# Medical tourism in Rostov-on-Don Rostov region

Learn how to get medical care in Rostov-on-Don

# Content

Medical treatment in Rostov-on-Don, Rostov region: how does it work?	3-6
Step I: choose a health facility in Rostov-on-Don	7-9
Step II: sending a request for treatment to a health facility	10-11
Step III: transportation and accomodation	12-15
Step IV: apply for visa	16-19
Step V: Welcome to Russia!	20-21
Contacts	22

## **Materials prepared**

Export of Medical Services Coordination Center Federal Research Institute for Health organization and informatics of the Ministry of Health of the Russian Federation

Medical treatment in Rostov-on-Don, Rostov region: how does it work?

# Medical treatment in Rostov-on-Don, Rostov region is



**High quality**

High quality medical  
care meeting  
international standards



**The best  
doctors**

Квалифицированные  
медицинские  
специалисты с  
международной  
практикой



**ДОСТУПНАЯ  
ЦЕНА**

Competitive cost of  
medical services of all  
profiles



**Culture of the  
region**

Вы ознакомитесь с  
достопримечательностями  
и национальными  
традициями

# Getting medical treatment

in Rostov-on-Don, Rostov Region, you can get medical care on the outpatient basis (consultative) and inpatient (examination and treatment) conditions.

Assistance in the selection of treatment conditions for the patient is provided by a medical organization in accordance with the request of a patient.

## Outpatient medical care

**ADVISORY ASSISTANCE AT  
THE TIME OF YOUR TOURIST  
VISIT TO RUSSIA**

LEARN MORE ON THE WEB-SITE OF THE  
MEDICAL FACILITY YOU HAVE CHOSEN

## Inpatient medical care

**CHOOSE A MEDICAL FACILITY  
ACCORDING TO YOUR PROFILE AND  
AND VISIT RUSSIA FOR  
EXAMINATION AND TREATMENT**

LEARN MORE ON THE WEB-SITE OF THE  
MEDICAL FACILITY YOU HAVE CHOSEN

# HOW TO GET THE MEDICAL CARE IN ROSTOV-ON-DON, ROSTOV REGION



STEP I: Choose  
medical facility

STEP II: Contact a  
medical facility for  
confirmation

STEP III: Choose  
type of  
accommodation  
and transport

STEP IV: Apply for  
visa

STEP V:  
Welcome to Russia!

# **STEP I**

**CHOOSE A MEDICAL FACILITY  
ACCORDING TO YOUR MEDICAL PROFILE**

# MEDICAL CARE PROFILES AND MEDICAL CENTERS

OF ROSTOV-ON-DON, ROSTOV REGION



## CARDIOLOGY

SBI RR "Rostov Regional Clinical Hospital"

<https://www.rocb.ru/>

SBI RR "Rostov Regional Clinical Hospital" №2»

<https://wwwrostov-ob2.ru/>



## NEUROLOGY

SBI RR "Rostov Regional Clinical Hospital"

<https://www.rocb.ru/>

SBI RR "Rostov Regional Clinical Hospital №2»

<https://wwwrostov-ob2.ru/>



## OPHTHALMOLOGY

SBI RR "Rostov Regional Clinical Hospital"

<https://www.rocb.ru/>



## GYNECOLOGY AND BIRTH CARE

SBI RR "Rostov Regional Clinical Hospital" №2

<https://wwwrostov-ob2.ru/>



## NEUROSURGERY

SBI RR "Rostov Regional Clinical Hospital"

<https://www.rocb.ru/>



## TRAUMATOLOGY AND ORTHOPEDICS

SBI RR "Rostov Regional Clinical Hospital"

<https://www.rocb.ru/>

SBI RR "Rostov Regional Clinical Hospital" №2

<https://wwwrostov-ob2.ru/>



# MEDICAL CARE PROFILES AND MEDICAL CENTERS

OF ROSTOV-ON-DON, ROSTOV REGION



## ALLERGOLOGY

SBI RR "Rostov Regional Clinical Hospital №2»  
<https://www.rostov-ob2.ru/>



## ENDOCRINOLOGY

SBI RR "Rostov Regional Clinical Hospital №2»  
<https://www.rostov-ob2.ru/>



## GASTROENTEROLOGY

SBI RR "Rostov Regional Clinical Hospital»  
<https://www.rocb.ru/>



## PULMONOLOGY

SBI RR "Rostov Regional Clinical Hospital №2»  
<https://www.rostov-ob2.ru/>



## AFTERCARE

SBI RR "Rostov Regional Clinical Hospital»  
<https://www.rocb.ru/>

# STEP II

CONTACT A SPECIALIST FROM YOUR CHOSEN HEALTH FACILITY TO DECIDE ON THE FORM  
OF MEDICAL TREATMENT YOU NEED AND FOR PREPARING DOCUMENTS FOR YOUR VISIT  
TO RUSSIA

## READ THE INFORMATION PROVIDED

1. НАПИШИТЕ ВАШ ЗАПРОС НА УКАЗАННУЮ ЭЛЕКТРОННУЮ ПОЧТУ  
ИЛИ ПОЗВОНИТЕ ПО УКАЗАННОМУ НОМЕРУ ТЕЛЕФОНА
2. GET CONFIRMATION FOR TREATMENT AND FOLLOW  
RECOMMENDATIONS RECEIVED FROM THE MEDICAL FACILITY FOR  
PREPARATION OF THE RELEVANT DOCUMENTATION
3. VISIT THE WEB-SITE OF THE PROFILE MEDICAL FACILITY IN THE  
SECTION “MEDICAL TOURISM”



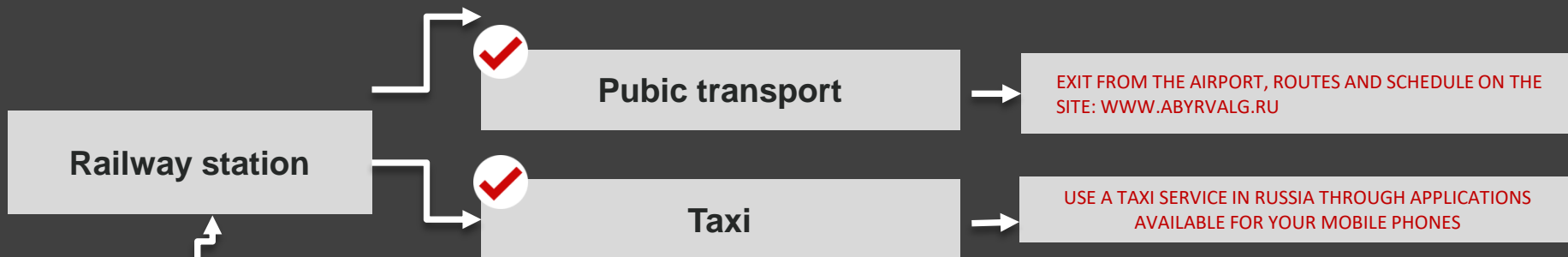
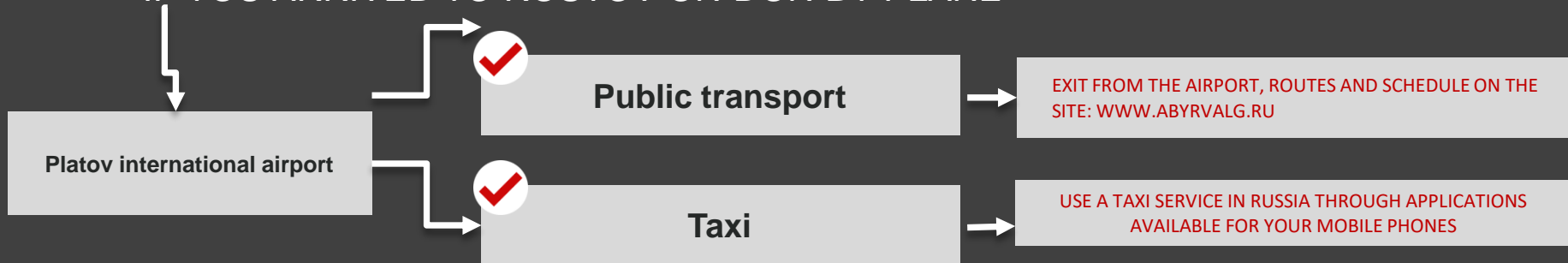
**If you have any questions do not hesitate to contact  
Export of Medical Services Coordination Center**

# **STEP III**

**SELECT THE BEST TYPE OF TRANSPORTATION  
AND ACCOMMODATION**

# TRANSPORT

- IF YOU ARRIVED TO ROSTOV-ON-DON BY PLANE



IF YOU ARRIVED TO ROSTOV-ON-DON BY TRAIN

# AUXILIARY APPS FOR YOUR SMARTPHONE (FOR IOS AND ANDROID)



**Public transport and rent-a-car**

**Yandex.Transport**



**Maps of Russian cities**

Online maps:  
**Yandex.Maps**  
**Google maps**

Offline maps:  
**2GIS**



**Sightseeings of Russia**

Cities guides:  
**Triposo**  
**Redigo**  
Restaurant guides  
**TripAdvisor**



# ACCOMODATION



## IF YOU ARE GOING TO RUSSIA FOR CONSULTATION

In the case of an outpatient consultation, you can choose a comfortable stay using the following services:

<https://www.booking.com/>

<https://www.tripadvisor.com/>

<https://www.airbnb.com/>

or seek help from a tour operator/assistance organization



## IF YOU ARE GOING TO RUSSIA FOR INPATIENT TREATMENT

Please contact your healthcare provider in advance for accommodation for the entire period of treatment.

You can find out the conditions of your accommodation from the medical facility that you have chosen in accordance with the profile of medical care..

# **STEP IV**

**GET A VISA FOR VISIT RUSSIA**



# REGULATORY INFORMATION ON VISAS FOR FOREIGN CITIZENS

In accordance with the Article 2 of the Federal Law of July 25, 2002 No. 115-FZ "On the Legal Status of Foreign Citizens in the Russian Federation", a foreign citizen is an individual who is not a citizen of the Russian Federation and has evidence of the citizenship of a foreign state; stateless person is an individual who is not a citizen of the Russian Federation and does not have evidence of citizenship of a foreign state.

In accordance with the Article 25.2 of the Federal Law of August 16, 1996 No. 114-FZ "On the Procedure for Departure from the Russian Federation and Arrival to the Russian Federation", a visa can be single, double and multiple.

In accordance with the Article 25.6 of Federal Law of August 16, 1996 No. 114-FZ "On the Procedure for Departure from the Russian Federation and Arrival to the Russian Federation", depending on the purpose of a foreign citizen's entry into the Russian Federation and the purpose of his stay in the Russian Federation, ordinary visas are divided into private, business, tourist, educational, working, humanitarian and entry visas to the Russian Federation in order to obtain asylum, obtain a temporary residence permit in the Russian Federation or obtain Russian citizenship

The Article 25.9. Having entered the Russian Federation, a foreign citizen or stateless person is required to receive and fill out a migration card. The migration card is subject to surrender (return) at the checkpoint across the State border of the Russian Federation upon departure of a foreign citizen or stateless person from the Russian Federation.

In accordance with Article 18 of Section II in the Russian Federation, depending on the purpose of entry of foreign citizens into the Russian Federation and the purpose of their stay in the Russian Federation, the following categories of visas exist: a) diplomatic, b) official, c) ordinary, d) transit, e) Visa of a temporary resident.

# SELECTION OF TYPE OF VISA AND DETERMINATION OF THE PURPOSE OF RESIDENCE\*



**VISA TYPE:** TOURIST

**PURPOSE:** TOURISM

**VALIDITY TERM:** up to 30 days

**FOR:**

Foreigners arriving with tourist purposes on a specialized tour for medical advice and for medical examination



**VISA TYPE:** BUSINESS

**PURPOSE:** TREATMENT

**VALIDITY TERM:** up to 90 days

**FOR:**

Foreigners arriving for treatment, examination, medical advice invited by a medical institution (except for targeted tourism for the purpose of treatment) and emergency treatment



**VISA TYPR:** PRIVATE

**PURPOSE:** SPECIAL CASES

**VALIDITY TERM:** up to 90 days

**FOR:**

Foreigners arriving for emergency treatment or due to a serious illness or death of a close relative

# ASSISTANCE IN REGISTRATION OF DOCUMENTS FOR ARRIVAL TO RUSSIA



## APPLICATION FOR ARRIVAL IN RUSSIA

Get a visa in the prescribed manner

The medical facility of Rostov region, which confirmed the possibility of your treatment, can solve the issue of migration registration.

To clarify the information, please contact your medical facility.



## APPLICATION OF THE NECESSARY DOCUMENTATION FOR OBTAINING A VISA BY THIRD PARTIES

If a tour operator or an assistance organization is involved in the issue of your treatment in Russia, then entrust the organization with obtaining documentation for a visa..



# **STEP V**

**WELCOME TO RUSSIA!**

**USEFUL PHONE NUMBERS**

# USEFUL PHONE NUMBERS



common emergency number: **112**



HOT LINE OF THE FEDERAL MIGRATION SERVICE: **8 (800)350 23 69 доб. 381**



HOT LINE OF THE MIGRATION SERVICE OF ROSTOV-ON-DON: **8 (863) 303-61-49 (+418).**



REPORT ABOUT VIOLATION OF LAW AND ORDER ON THE TERRITORY OF THE RUSSIAN FEDERATION: **8 (800)  
222 74 47**



REPORT ABOUT VIOLATION OF LAW AND ORDER ON THE TERRITORY OF ROSTOV-ON-DON: **8 (863) 249-13-02 .**



# OUR CONTACTS

FOR QUESTIONS AND SUGGESTIONS

## COORDINATING CENTER FOR EXPORT OF MEDICAL SERVICES

Coordination Center Federal Research Institute for Health  
organization and informatics of the Ministry of Health of the  
Russian Federation  
127256, MOSCOW, 11, DOBROLYUBOVA STREET

E-MAIL

[export@mednet.ru](mailto:export@mednet.ru)