



Департамент  
здравоохранения  
города Москвы

# MEDICAL TOURISM IN MOSCOW

LEARN HOW TO GET MEDICAL CARE IN MOSCOW









Materials prepared by Export of Medical Services Coordination Center Federal Research Institute for Health organization and informatics of the Ministry of Health of the Russian Federation



# **MEDICAL TREATMENT IN MOSCOW. HOW DOES IT WORK?**



# MEDICAL TREATMENT IN MOSCOW IS



## HIGH QUALITY

High quality medical care  
Meeting international  
standards



## THE BEST DOCTORS

Highly trained doctors,  
nurses and other medical  
specialists with an  
international experience



## LOW COST

Medical care in Russia has  
an excellent cost-to-quality  
ratio



## RUSSIAN CULTURE

Discover rich national  
cultural heritage and  
history



**IN THE RUSSIAN FEDERATION THERE ARE OUTPATIENT MEDICAL CARE AND INPATIENT MEDICAL CARE. HEALTHCARE FACILITY SPECIALISTS WILL PROVIDE ASSISTANCE WITH CHOOSING THE TYPE OF MEDICAL CARE YOU NEED.**



## **OUTPATIENT MEDICAL CARE**

**GET YOUR HEALTH CHECK-UP WITHIN 2-3 DAYS WHILE YOU ARE ON VACATION**

Check a healthcare facility website for more information



## **INPATIENT MEDICAL CARE**

**CHOOSE A HEALTH FACILITY ACCORDING TO THE MEDICAL PROCEDURE YOU ARE SEEKING AND COME TO RUSSIA FOR HOSPITAL ADMISSION**

Check a healthcare facility website for more information

# HOW TO GET MEDICAL CARE IN MOSCOW?



## STEP I

Choose a health facility



## STEP II

Get confirmation from chosen healthcare facility



## STEP III

Select type of transportation and accommodation



## STEP IV

Apply for a visa



## STEP V

Welcome to Russia!



# STEP I

**CHOOSE THE BEST HEALTH FACILITY  
ACCORDING TO THE MEDICAL  
PROCEDURE YOU ARE SEEKING**



# CHOOSE YOUR MEDICAL RESEARCH CENTERS IN MOSCOW



## CARDIOLOGY

**Vorohobov's City  
Clinical Hospital №67**

<http://67gkb.ru/o-bolnitse/obshchaya-informatsiya>



## TRAUMATOLOGY AND ORTHOPEDICS

**Vorohobov's City  
Clinical Hospital №67**

<http://67gkb.ru/o-bolnitse/obshchaya-informatsiya>



## NEUROSURGERY

**Vorohobov's City  
Clinical Hospital №67**

<http://67gkb.ru/o-bolnitse/obshchaya-informatsiya>



# CHOOSE YOUR MEDICAL RESEARCH CENTERS IN MOSCOW



## UROLOGY

**Vorohobov's City  
Clinical Hospital №67**

<http://67gkb.ru/o-bolnitse/obshchaya-informatsiya>



## ABDOMINAL SURGERY

**Vorohobov's City  
Clinical Hospital №67**

<http://67gkb.ru/o-bolnitse/obshchaya-informatsiya>



## OPHTHALMOLOGY

**Vorohobov's City  
Clinical Hospital №67**

<http://67gkb.ru/o-bolnitse/obshchaya-informatsiya>



## **STEP II**

**CONTACT A SPECIALIST FROM YOUR  
CHOSEN HEALTH FACILITY TO DECIDE  
ON THE FORM OF MEDICAL  
TREATMENT YOU NEED AND FOR  
PREPARING DOCUMENTS FOR YOUR  
VISIT TO RUSSIA**



Check the section "medical tourism" on the health care facility web-site



Read the information



Make a request through a phone call or email



Get a confirmation for treatment and follow the instructions to apply for a visa

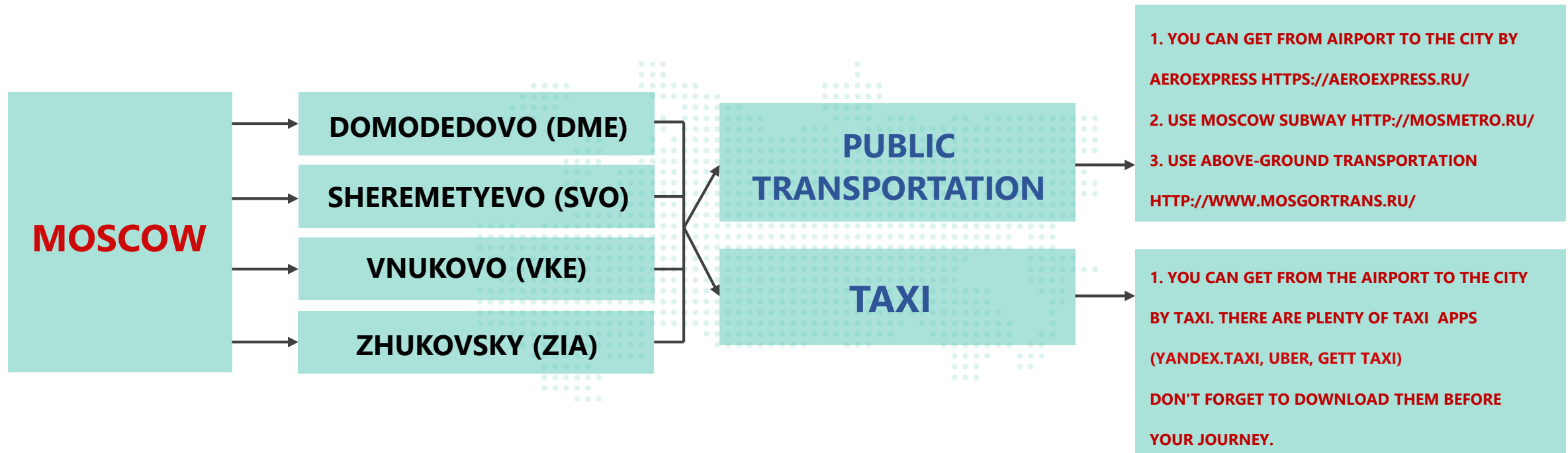


If you have any questions do not hesitate to contact export of medical services coordination center



# STEP III

**SELECT THE BEST TYPE OF  
TRANSPORTATION AND  
ACCOMMODATION**



# TRAVEL APPs to download before your trip FOR IOS and ANDROID



## Public transportation and car rental (car sharing)

1. Bus, trolleybus, cable car: [Yandex.Transport](#)
2. City maps: [Yandex.Metro](#)
3. Car rental (car sharing): [BelkaCar](#), [DeliMobil](#)



## City maps

1. Russian city maps: [Yandex.Maps](#), [Google maps](#)
2. Off-line Russian city maps: [2GIS](#)



## Attractions in Russia

1. City guide Apps: [Triposo](#), [Redigo](#)
2. Restaurant guide App: [TripAdvisor](#)



### **ACCOMMODATION OPTIONS IF YOU ARE COMING FOR OUTPATIENT ADMISSION**

<https://www.booking.com/>  
<https://www.tripadvisor.com/>  
<https://www.airbnb.com/>

Please contact a tour operator or assistance companies if you need any assistance with organizing your trip.



### **ACCOMMODATION OPTIONS IF YOU ARE COMING FOR INPATIENT ADMISSION**

Contact a specialist from a health facility for information about your accommodation. Please do not forget to do it in advance.



# STEP IV

**APPLY FOR A RUSSIAN VISA**



# WHAT TYPES OF RUSSIAN VISAS ARE THERE?\*



## TOURIST

**PURPOSE OF VISIT: TARGET TOURISM**

**The period of validity:  
up to 30 days**

For those who visit Russia for tourism purposes on a specialized tour for health check-ups or medical consultations



## BUSINESS

**PURPOSE OF VISIT: MEDICAL TREATMENT**

**The period of validity:  
up to 90 days**

For those who visit Russia for medical treatment, health check-ups, medical advice with official invitation obtained from a health facility (except target tourism for the purpose of treatment and critical care).



## PRIVATE

**PURPOSE OF VISIT: SPECIAL CASES**

**The period of validity:  
up to 90 days**

For those who travel to Russia for emergency medical treatment or to visit a sick relative.



## **GETTING AN OFFICIAL INVITATION**

Once you get an approval for treatment, the health facility should obtain an official invitation and submit your documents to the Federal Migration Service of Russia in order to register your migration.



## **APPLYING THROUGH TRAVEL AGENCIES OR TRAVEL ASSISTANCE COMPANIES**

In case you need additional help with applying for a Russian visa, you can contact travel agencies or travel assistance companies.



# STEP V

**WELCOME TO RUSSIA!  
EMERGENCY TELEPHONE NUMBERS**



# USEFUL AND EMERGENCY TELEPHONE NUMBERS



EMERGENCY

**112**



FEDERAL MIGRATION SERVICE  
OF RUSSIA

**8 (800) 350 23 69**  
**\* 381**



POLICE

**8 (800) 222 74 47**



# CONTACT INFORMATION

EMAIL ADDRESS  
[export@mednet.ru](mailto:export@mednet.ru)

