# MEDICAL TOURISM IN CHUKOTKA

LEARN HOW TO GET MEDICAL CARE IN CHUKOTKA AUTONOMUS OKRUG

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# MEDICAL TREATMENT IN CHUKOTKA. HOW DOES IT WORK?

## MEDICAL TREATMENT IN CHUKOTKA IS



HIGH QUALITY

High quality medical care
Meeting international
standards



THE BEST DOCTORS

Highly trained doctors, nurses and other medical specialists with an international experience



LOW COST

Medical care in
Russia has an
excellent
cost-to-quality ratio



RUSSIAN CULTURE

Discover rich national cultural heritage and history

#### GETTING MEDICAL TREATMENT IN CHUKOTKA

IN THE RUSSIAN FEDERATION THERE ARE OUTPATIENT MEDICAL CARE AND INPATIENT MEDICAL CARE. HEALTHCARE FACILITY SPECIALISTS WILL PROVIDE ASSISTANCE WITH CHOOSING THE TYPE OF MEDICAL CARE YOU NEED.

OUTPATIENT MEDICAL CARE

GET YOUR HEALTH CHECK-UP WITHIN 2-3 DAYS WHILE YOU ARE ON VACATION

Check a healthcare facility website for more information

INPATIENT MEDICAL CARE

CHOOSE A HEALTH FACILITY
ACCORDING TO THE MEDICAL
PROCEDURE YOU ARE
SEEKING
AND COME TO RUSSIA FOR
HOSPITAL ADMISSION

Check a healthcare facility website for more information

## HOW TO GET MEDICAL CARE IN THE CHUKOTKA ATONOMUS OKRUG?



STEP I
Choose
a health facility



Get confirmation from chosen healthcare facility

STEP II



STEP III
Select type
of transportation
and
accommodation



STEP IV
Apply for
a visa



STEP V
Welcome to
Russia!

### STEPI

# CHOOSE THE BEST HEALTH FACILITY ACCORDING TO THE MEDICAL PROCEDURE YOU ARE SEEKING

# CHOOSE YOUR CHUKOTKA MEDICAL RESEARCH CENTERS

CARDIOLOGY

Chukotka District Hospital <a href="https://hospital@chukotnet.ru">hospital@chukotnet.ru</a>

#### TRAUMATOLOGY AND ORTHOPEDICS

Chukotka District Hospital hospital@chukotnet.ru

#### NEUROLOGY AND NEUROSURGERY

Chukotka District Hospital hospital@chukotnet.ru

#### CHILDREN'S HEALTH

Chukotka District Hospital <a href="https://hospital@chukotnet.ru">hospital@chukotnet.ru</a>

# CHOOSE YOUR CHUKOTKA MEDICAL RESEARCH CENTERS

#### REHABILITATION

Chukotka District Hospital <a href="https://hospital@chukotnet.ru">hospital@chukotnet.ru</a>

#### STOMATOLOGY

Chukotka District Hospital hospital@chukotnet.ru

#### **ENDOCRINOLOGY**

Chukotka District Hospital hospital@chukotnet.ru

#### GYNECOLOGY AND OBSTETRICS

Chukotka District Hospital hospital@chukotnet.ru

#### **OPHTHALMOLOGY**

Chukotka District Hospital hospital@chukotnet.ru

## STEPII

CONTACT A SPECIALIST FROM YOUR CHOSEN HEALTH FACILITY TO DECIDE ON THE FORM OF MEDICAL TREATMENT YOU NEED AND FOR PREPARING DOCUMENTS FOR YOUR VISIT TO RUSSIA

- 1. CHECK THE SECTION "MEDICAL TOURISM" ON THE HEALTH CARE FACILITY WEB-SITE
- 2. READ THE INFORMATION
- 3. MAKE A REQUEST THROUGH A PHONE CALL OR EMAIL
- 4. GET A CONFIRMATION FOR TREATMENT AND FOLLOW THE INSTRUCTIONS TO APPLY FOR A VISA

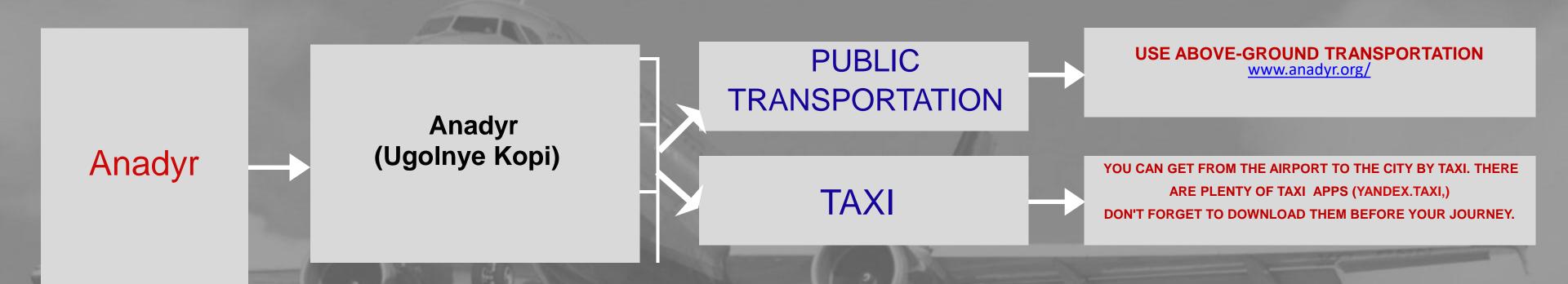


If you have any questions do not hesitate to contact Export of Medical Services Coordination Center

## STEPIII

## SELECT THE BEST TYPE OF TRANSPORTATION AND ACCOMMODATION

### TRANSPORTATION



# TRAVEL APPs to download before your trip FOR IOS and ANDROID

Public transportation and car rental (car sharing)

1. Bus, trolleybus, cable car:

Yandex.Transport

2. City maps:

Yandex.Metro

3. Car rental (car sharing):

**BelkaCar** 

**DeliMobil** 

City maps

1. Russian city maps:

Yandex.Maps

Google maps

2. Off-line Russian city

maps:

2GIS

Attractions in Russia

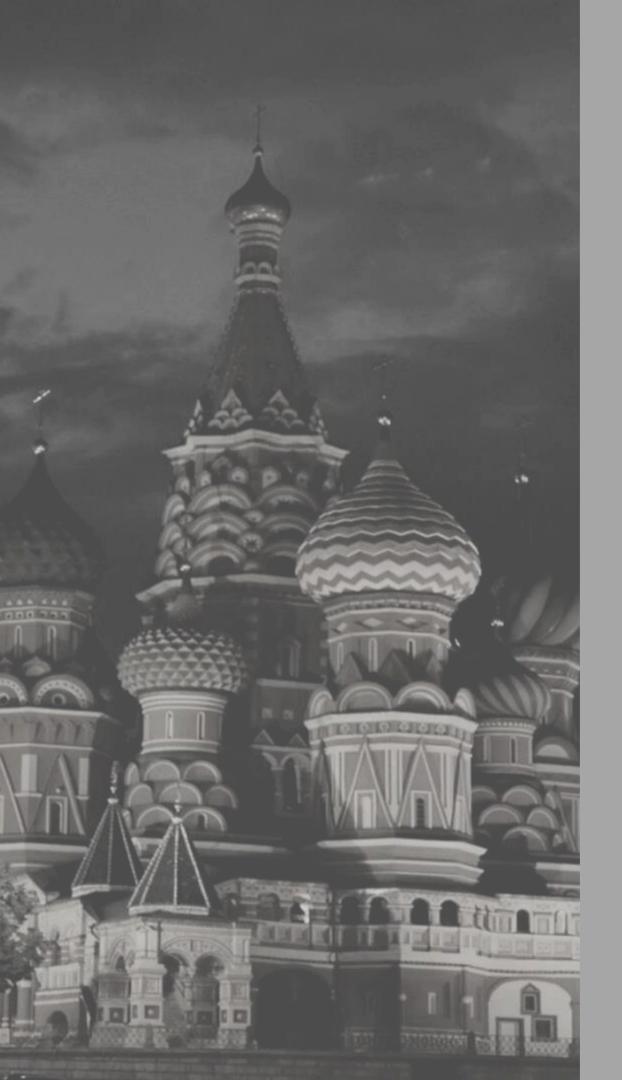
1. City guide Apps:

**Triposo** 

Redigo

2. Restaurant guide App:

**TripAdvisor** 



### ACCOMMODATION



ACCOMMODATION OPTIONS IF YOU ARE COMING FOR OUTPATIENT ADMISSION

https://www.booking.com/

https://www.tripadvisor.com/

https://www.airbnb.com/

Please contact a tour operator or assistance companies if you need any assistance with organizing your trip.



ACCOMMODATION OPTIONS IF YOU ARE COMING FOR INPATIENT ADMISSION

Contact a specialist from a health facility for information about your accommodation. Please do not forget to do it in advance.

## STEPIV

#### APPLY FOR A RUSSIAN VISA

## WHAT TYPES OF RUSSIAN VISAS ARE THERE?\*

#### **TOURIST**

PURPOSE OF VISIT: TARGET TOURISM

### The period of validity: up to 30 days

For those who visit Russia for tourism purposes on a specialized tour for health check-ups or medical consultations

#### **BUSINESS**

PURPOSE OF VISIT:
MEDICAL TREATMENT

### The period of validity: up to 90 days

For those who visit Russia for medical treatment, health check-ups, medical advice with official invitation obtained from a health facility (except target tourism for the purpose of treatment and critical care).

#### **PRIVATE**

PURPOSE OF VISIT: SPECIAL CASES

### The period of validity: up to 90 days

For those who travel to Russia for emergency medical treatment or to visit a sick relative.

## Help with processing documents for entering Russia



#### **GETTING AN OFFICIAL INVITATION**

Once you get an approval for treatment, the health facility should obtain an official invitation and submit your documents to the Federal Migration Service of Russia in order to register your migration.



## APPLYING THROUGH TRAVEL AGENCIES OR TRAVEL ASSISTANCE COMPANIES

In case you need additional help with applying for a Russian visa, you can contact travel agencies or travel assistance companies.



## STEPV

## WELCOME TO RUSSIA! EMERGENCY TELEPHONE NUMBERS

## USEFUL AND EMERGENCY TELEPHONE NUMBERS

**EMERGENCY** 

FEDERAL
MIGRATION SERVICE
OF RUSSIA

POLICE



8 (800) 350 23 69 \* 381

8 (800) 222 74 47



#### CONTACT INFORMATION

Export of Medical Services Coordination Center

Federal Research Institute for Health organization and informatics of the Ministry of Health of the Russian Federation

127256, MOSCOW, DOBROLYUBOVA ST., 11

**EMAIL ADDRESS** 

export@mednet.ru