



MEDICAL TOURISM IN KURSK REGION



LEARN HOW TO GET MEDICAL CARE IN KURSK REGION



CONTANTS

Medical treatment in Kursk Region. How does it work? 3-6

Step I: Choose a health facility 7-9

Step II: Contact a specialist from a chosen health Facility 10-11

Step III: Transportation and accommodation 12-15

Step IV: Apply for a visa 16-18

Step V: Welcome to Kursk Region! 19-20

Contact information 21

Materials prepared by
Export of Medical
Services Coordination
Center
Federal Research
Institute
for Health organization
and informatics of the
Ministry
of Health of the Kursk
Regionn Federation

**MEDICAL TREATMENT
IN KURSK REGION.
HOW DOES IT WORK?**

MEDICAL TREATMENT IN KURSK REGION ARE



HIGH QUALITY

High quality medical care
Meeting international
standards



THE BEST DOCTORS

Highly trained doctors,
nurses and other
medical specialists with
an international
experience



LOW COST

Medical care in Kursk
Region has an
excellent
cost-to-quality ratio



KURSK LOCAL CULTURE

Discover rich national
cultural heritage and
history

GETTING MEDICAL TREATMENT IN KURSK REGION

KURSK REGION PROVIDES BOTH OUTPATIENT AND INPATIENT MEDICAL CARE. HEALTHCARE FACILITY SPECIALISTS WILL PROVIDE ASSISTANCE WITH CHOOSING THE TYPE OF MEDICAL CARE YOU NEED.

OUTPATIENT MEDICAL CARE

**GET YOUR HEALTH CHECK-
UP 2-3 DAYS WHILE YOU ARE
ON VACATION**

Check a healthcare facility
website for more information

INPATIENT MEDICAL CARE

**CHOOSE A HEALTH FACILITY
ACCORDING TO THE
GUIDANCE GIVEN AND COME
TO KURSK REGION FOR
HOSPITAL ADMISSION**

Check a healthcare facility
website for more information

HOW TO GET MEDICAL CARE IN THE KURSK REGION?



STEP I

Choose
a health facility



STEP II

Get confirmation
from chosen
healthcare facility



STEP III

Select type
of transportation
and
accommodation



STEP IV

Apply for
a visa



STEP V

Welcome to Kursk
Region!

STEP I

**CHOOSE THE BEST HEALTHCARE
FACILITY ACCORDING THE GUIDANCE
GIVEN**

CHOOSE YOUR FORMS OF HEALTH CARE & MEDICAL CENTERS

CARDIOLOGY

Kursk Regional Hospital
<https://kurskokb.ru/>

KSK

TRAUMATOLOGY AND ORTHOPEDICS

Kursk Regional Hospital
<https://kurskokb.ru/>

KSK

Kursk Municipal Hospital #4
<http://krk64kursk.pф/>

KSK

NEUROLOGY AND NEUROSURGERY

Kursk Regional Hospital
<https://kurskokb.ru/>

KSK

GYNO-OBSTETRICS, PAEDIATRY

Kursk Regional perinatal center.
<http://opckursk.ru/>

KSK

OPHTHALMOLOGY

Kursk Regional Eye Hospital
<http://vision-kursk.ru/>

KSK

CHOOSE YOUR FORMS OF HEALTH CARE & MEDICAL CENTERS

INTERNAL MEDICINE

Kursk Regional Hospital
<https://kurskokb.ru/>

KSK

REHABILITATION

Kursk Regional Hospital
<https://kurskokb.ru/>

KSK

ENDOCRINOLOGY

Kursk Regional Hospital
<https://kurskokb.ru/>

KSK

STEP II

**CONTACT A SPECIALIST FROM YOUR CHOSEN
HEALTH FACILITY TO DECIDE ON THE FORM
OF MEDICAL TREATMENT YOU NEED AND FOR
PREPARING DOCUMENTS FOR YOUR VISIT
TO KURSK REGION**

1. CHECK THE SECTION "MEDICAL TOURISM" ON THE HEALTH CARE FACILITY WEB-SITE

2. READ THE INFORMATION

3. MAKE A REQUEST THROUGH A PHONE CALL OR EMAIL

4. GET A CONFIRMATION FOR TREATMENT AND FOLLOW THE INSTRUCTIONS TO APPLY FOR A VISA



**If you have any questions do not hesitate to contact
Export of Medical Services Coordination Center**

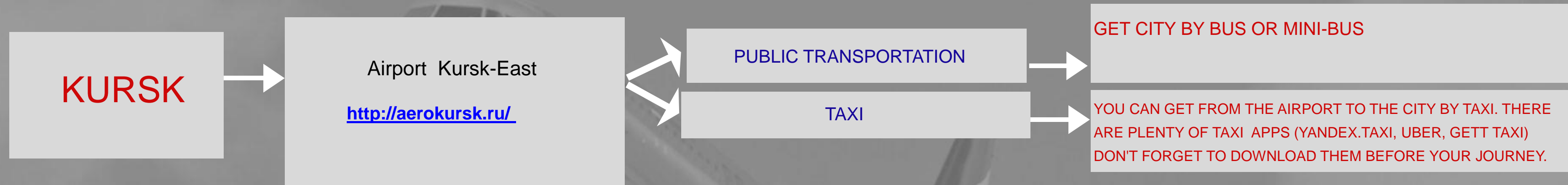
STEP III

**SELECT THE BEST TYPE OF TRANSPORTATION
AND ACCOMMODATION**

TRANSPORTATION

13

- If You arrived by plane:



- If You arrived by train:



TRAVEL APPs

to download before your trip

FOR IOS and ANDROID

Public transportation and car rental (car sharing)

1. Bus, trolleybus, cable car:

Yandex.Transport

2. City maps:

Yandex.Metro

3. Car rental (car sharing):

BelkaCar

City maps

1. Kursk Region city maps:

Yandex.Maps

Google maps

2. Off-line Kursk Region city maps:

2GIS

Attractions in Kursk Region

1. City guide Apps:

Triposo

Redigo

2. Restaurant guide App:

TripAdvisor

ACCOMMODATION



ACCOMMODATION OPTIONS IF YOU
ARE COMING FOR OUTPATIENT ADMISSION

<https://www.booking.com/>

<https://www.tripadvisor.com/>

<https://www.airbnb.com/>

Please contact a tour operator or assistance companies if you need any assistance with organizing your trip.



ACCOMMODATION OPTIONS IF YOU
ARE COMING FOR INPATIENT ADMISSION

Contact a specialist from a health facility for information about your accommodation. Please do not forget to do it in advance.

STEP IV

APPLY FOR RUSSIAN VISA

WHAT TYPES OF RUSSIAN VISAS ARE THERE?*

TOURIST

PURPOSE OF VISIT:
TARGET TOURISM

The period of validity: up to 30 days

For those who visit Kursk Region for tourism purposes on a specialized tour for health check-ups or medical consultations

BUSINESS

PURPOSE OF VISIT:
MEDICAL TREATMENT

The period of validity: up to 90 days

For those who visit Kursk Region for medical treatment, health check-ups, medical advice with official invitation obtained from a health facility (except target tourism for the purpose of treatment and

PRIVATE

PURPOSE OF VISIT:
SPECIAL CASES

The period of validity: up to 90 days

For those who travel to Kursk Region for emergency medical treatment or to visit a sick relative.

Help with processing documents for entering Russia



GETTING AN OFFICIAL INVITATION

Once you get an approval for treatment, the health facility should obtain an official invitation and submit your documents to the Federal Migration Service of Russia in order to register your migration.



APPLYING THROUGH TRAVEL AGENCIES OR TRAVEL ASSISTANCE COMPANIES

In case you need additional help with applying for a Russian visa, you can contact travel agencies or travel assistance companies.



STEP V

WELCOME TO KURSK REGION!

EMERGENCY TELEPHONE NUMBERS

USEFUL AND EMERGENCY TELEPHONE NUMBERS

EMERGENCY

FEDERAL
MIGRATION SERVICE
OF RUSSIA

POLICE

112

8 (800) 350 23 69
*** 381**

8 (800) 222 74 47

CONTACT INFORMATION

Export of Medical Services Coordination
Center

*Federal Research Institute
for Health organization and informatics of
the Ministry
of Health of the Russian Federation*

127256, MOSCOW, DOBROLYUBOVA ST., 11

EMAIL ADDRESS

export@mednet.ru

