

MEDICAL TOURISM IN MOSCOW REGION

LEARN HOW TO GET MEDICAL CARE IN MOSCOW REGION

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Federation

**MEDICAL TREATMENT
IN MOSCOW REGION.
HOW DOES IT WORK?**

MEDICAL TREATMENT IN MOSCOW REGION IS



HIGH QUALITY

High quality medical care
Meeting international
standards



THE BEST DOCTORS

Highly trained doctors,
nurses and other
medical specialists with
an international
experience



LOW COST

Medical care in
Russia has an
excellent
cost-to-quality ratio



RUSSIAN CULTURE

Discover rich national
cultural heritage and
history

GETTING MEDICAL TREATMENT IN RUSSIA

IN THE RUSSIAN FEDERATION THERE ARE OUTPATIENT MEDICAL CARE AND INPATIENT MEDICAL CARE. HEALTHCARE FACILITY SPECIALISTS WILL PROVIDE ASSISTANCE WITH CHOOSING THE TYPE OF MEDICAL CARE YOU NEED.

OUTPATIENT MEDICAL CARE

**GET YOUR HEALTH CHECK-
UP WITHIN
2-3 DAYS WHILE YOU ARE
ON VACATION**

Check a healthcare facility
website for more information

INPATIENT MEDICAL CARE

**CHOOSE A HEALTH FACILITY
ACCORDING TO THE MEDICAL
PROCEDURE YOU ARE
SEEKING
AND COME TO RUSSIA FOR
HOSPITAL ADMISSION**

Check a healthcare facility
website for more information

HOW TO GET MEDICAL CARE IN THE RUSSIAN FEDERATION?



STEP I

Choose
a health facility



STEP II

Get confirmation
from chosen
healthcare facility



STEP III

Select type
of transportation
and
accommodation



STEP IV

Apply for
a visa



STEP V

Welcome to
Russia!

STEP 1

**CHOOSE THE BEST HEALTH FACILITY
ACCORDING TO THE MEDICAL
PROCEDURE YOU ARE SEEKING**

CHOOSE YOUR RUSSIAN MEDICAL RESEARCH CENTERS

CARDIOLOGY

MOSCOW REGION STATE BUDGETARY
HEALTHCARE INSTITUTION «Krasnogorsk
City Hospital №1» **Krasnogorsk**
<https://1kgb.ru/>

MOSCOW REGION STATE BUDGETARY
HEALTHCARE INSTITUTION «Mytishchi
City Clinical hospital» **Mytishchi**
<http://mrkб.рф/>

MOSCOW REGION STATE BUDGETARY
HEALTHCARE INSTITUTION «Dubna City
Hospital» **Dubna**
<http://www.dcgб.ru/>

GYNECOLOGY AND OBSTETRICS

MOSCOW REGION STATE BUDGETARY
HEALTHCARE INSTITUTION «Moscow
regional perinatal center» **Balashiha**
www.mopc.ru/

MOSCOW REGION STATE BUDGETARY
HEALTHCARE INSTITUTION «Moscow
Regional Mother and Child Center»
<http://nf-pc.ru/rus/home/> **Naro-Fominsk**

MOSCOW REGION STATE BUDGETARY
HEALTHCARE INSTITUTION «Dubna City
Hospital» **Dubna**
<http://www.dcgб.ru/>

TRAUMATOLOGY AND ORTHOPEDICS

MOSCOW REGION STATE BUDGETARY
HEALTHCARE INSTITUTION «M.F.
Vladimirsky Moscow Regional Research
and Clinical Institute (MONIKI)» **MSK**
<http://www.monikiweb.ru/>

MOSCOW REGION STATE BUDGETARY
HEALTHCARE INSTITUTION «Moscow
Regional Pediatric Clinical Trauma and
Orthopedic Hospital» **MSK**
<http://modohbvl.ru/>

OPHTHALMOLOGY

MOSCOW REGION STATE BUDGETARY
HEALTHCARE INSTITUTION «M.F.
Vladimirsky Moscow Regional Research
and Clinical Institute (MONIKI)» **MSK**
<http://www.monikiweb.ru/>

MOSCOW REGION STATE BUDGETARY
HEALTHCARE INSTITUTION «Krasnogorsk
City Hospital №1» **Krasnogorsk**
<https://1kgb.ru/>

NEUROSURGERY

MOSCOW REGION STATE BUDGETARY
HEALTHCARE INSTITUTION «Podolsk City
Clinical Hospital»
<http://muzpgkb.ru/> **Podolsk**

MOSCOW REGION STATE BUDGETARY
HEALTHCARE INSTITUTION «Krasnogorsk
City Hospital №1»
<https://1kgb.ru/> **Krasnogorsk**

REABILITATION

MOSCOW REGION STATE BUDGETARY
HEALTHCARE INSTITUTION «M.F.
Vladimirsky Moscow Regional Research
and Clinical Institute (MONIKI)»
<http://www.monikiweb.ru/> **MSK**

MOSCOW REGION STATE BUDGETARY
HEALTHCARE INSTITUTION «Petrovo-
Dalnee Local hospital»
<http://rehab-pd.ru/> **Petrovo-Dalnee
village**

CHILDREN'S HEALTHCARE

MOSCOW REGION STATE BUDGETARY
HEALTHCARE INSTITUTION «Moscow
Regional mother and Child Care center»
<http://mocomd.ru/> **Lyubertsy**

STEP II

CONTACT A SPECIALIST FROM YOUR CHOSEN HEALTH FACILITY TO DECIDE ON THE FORM OF MEDICAL TREATMENT YOU NEED AND FOR PREPARING DOCUMENTS FOR YOUR VISIT TO RUSSIA

1. CHECK THE SECTION "MEDICAL TOURISM" ON THE HEALTH CARE FACILITY WEB-SITE

2. READ THE INFORMATION

3. MAKE A REQUEST THROUGH A PHONE CALL OR EMAIL

4. GET A CONFIRMATION FOR TREATMENT AND FOLLOW THE INSTRUCTIONS TO APPLY FOR A VISA



**If you have any questions do not hesitate to contact
Export of Medical Services Coordination Center**

STEP III

**SELECT THE BEST TYPE OF TRANSPORTATION
AND ACCOMMODATION**

TRANSPORTATION

**MOSCOW
REGION**

**DOMODEDOVO (DME)
SHEREMETYEVO (SVO)
VNUKOVO (VKO)
ZHUKOVSKY (ZIA)**

**PUBLIC
TRANSPORTATION**

- 1. YOU CAN GET FROM AIRPORT TO THE CITY BY AEROEXPRESS [HTTPS://AEROEXPRESS.RU/](https://aeroexpress.ru/)**
- 2. USE MOSCOW SUBWAY [HTTP://MOSMETRO.RU/](http://mosmetro.ru/)**
- 3. USE ABOVE-GROUND TRANSPORTATION [HTTP://WWW.MOSGORTRANS.RU](http://www.mosgortrans.ru)**

TAXI

- 1. YOU CAN GET FROM THE AIRPORT TO THE CITY BY TAXI. THERE ARE PLENTY OF TAXI APPS (YANDEX.TAXI, UBER, GETT TAXI)
DON'T FORGET TO DOWNLOAD THEM BEFORE YOUR JOURNEY.**

TRAVEL APPs

to download before your trip

FOR IOS and ANDROID

Public transportation and car rental (car sharing)

1. Bus, trolleybus, cable car:

Yandex.Transport

2. City maps:

Yandex.Metro

3. Car rental (car sharing):

BelkaCar

City maps

1. Russian city maps:

Yandex.Maps

Google maps

2. Off-line Russian city maps:

2GIS

Attractions in Russia

1. City guide Apps:

Triposo

Redigo

2. Restaurant guide App:

TripAdvisor

ACCOMMODATION



ACCOMMODATION OPTIONS IF YOU
ARE COMING FOR OUTPATIENT ADMISSION

<https://www.booking.com/>

<https://www.tripadvisor.com/>

<https://www.airbnb.com/>

Please contact a tour operator or assistance companies if you need any assistance with organizing your trip.



ACCOMMODATION OPTIONS IF YOU
ARE COMING FOR INPATIENT ADMISSION

Contact a specialist from a health facility for information about your accommodation. Please do not forget to do it in advance.

STEP IV

APPLY FOR A RUSSIAN VISA

WHAT TYPES OF RUSSIAN VISAS ARE THERE?*

TOURIST

PURPOSE OF VISIT:
TARGET TOURISM

The period of validity: up to 30 days

For those who visit Russia for tourism purposes on a specialized tour for health check-ups or medical consultations

BUSINESS

PURPOSE OF VISIT:
MEDICAL TREATMENT

The period of validity: up to 90 days

For those who visit Russia for medical treatment, health check-ups, medical advice with official invitation obtained from a health facility (except target tourism for the purpose of treatment and critical care).

PRIVATE

PURPOSE OF VISIT:
SPECIAL CASES

The period of validity: up to 90 days

For those who travel to Russia for emergency medical treatment or to visit a sick relative.

Help with processing documents for entering Russia



GETTING AN OFFICIAL INVITATION

Once you get an approval for treatment, the health facility should obtain an official invitation and submit your documents to the Federal Migration Service of Russia in order to register your migration.



APPLYING THROUGH TRAVEL AGENCIES OR TRAVEL ASSISTANCE COMPANIES

In case you need additional help with applying for a Russian visa, you can contact travel agencies or travel assistance companies.

STEP V

WELCOME TO RUSSIA!

EMERGENCY TELEPHONE NUMBERS

USEFUL AND EMERGENCY TELEPHONE NUMBERS

EMERGENCY

FEDERAL
MIGRATION SERVICE
OF RUSSIA

POLICE

112

8 (800) 350 23 69
*** 381**

8 (800) 222 74 47

CONTACT INFORMATION

Export of Medical Services Coordination
Center

*Federal Research Institute
for Health organization and informatics of
the Ministry
of Health of the Russian Federation*

127256, MOSCOW, DOBROLYUBOVA ST., 11

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export@mednet.ru

