

# **MEDICAL TOURISM IN REPUBLIC OF BASHKORTOSTAN**

**LEARN HOW TO GET MEDICAL CARE IN RUSSIAN FEDERATION**

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Federation

**MEDICAL TREATMENT  
IN REPUBLIC OF  
BASHKORTOSTAN.  
HOW DOES IT WORK?**

# MEDICAL TREATMENT IN REPUBLIC OF BASHKORTOSTAN IS



## HIGH QUALITY

High quality medical care  
Meeting international  
standards



## THE BEST DOCTORS

Highly trained doctors,  
nurses and other  
medical specialists with  
an international  
experience



## LOW COST

Medical care in  
Russia has an  
excellent  
cost-to-quality ratio



## RUSSIAN CULTURE

Discover rich national  
cultural heritage and  
history

# GETTING MEDICAL TREATMENT IN RUSSIA

IN THE RUSSIAN FEDERATION THERE ARE OUTPATIENT MEDICAL CARE AND INPATIENT MEDICAL CARE. HEALTHCARE FACILITY SPECIALISTS WILL PROVIDE ASSISTANCE WITH CHOOSING THE TYPE OF MEDICAL CARE YOU NEED.

## OUTPATIENT MEDICAL CARE

**GET YOUR HEALTH CHECK-  
UP WITHIN  
2-3 DAYS WHILE YOU ARE  
ON VACATION**

Check a healthcare facility  
website for more information

## INPATIENT MEDICAL CARE

**CHOOSE A HEALTH FACILITY  
ACCORDING TO THE MEDICAL  
PROCEDURE YOU ARE  
SEEKING  
AND COME TO RUSSIA FOR  
HOSPITAL ADMISSION**

Check a healthcare facility  
website for more information

# HOW TO GET MEDICAL CARE IN THE REPUBLIC OF BASHKORTOSTAN?



## STEP I

Choose  
a health facility



## STEP II

Get confirmation  
from chosen  
healthcare facility



## STEP III

Select type  
of transportation  
and  
accommodation



## STEP IV

Apply for  
a visa



## STEP V

Welcome to  
Russia!

# STEP 1

**CHOOSE THE BEST HEALTH FACILITY  
ACCORDING TO THE MEDICAL  
PROCEDURE YOU ARE SEEKING**

# MEDICAL TREATMENT PROFILES AND MEDICAL CENTERS OF REPUBLIC OF BASHKORTOSTAN

## CARDIOLOGY

State-funded healthcare institution Republican Heart Center of the Ministry of Healthcare of the Republic of Bashkortostan

Ufa

<http://rkdb.ru/>

## TRAUMATOLOGY AND ORTHOPEDICS

State-funded healthcare institution of the Republic of Bashkortostan Hospital of emergency medical care of the city of Ufa

Ufa

<http://www.бсмп-уфа.рф/>

## OPHTHALMOLOGY

State-funded institution "Ufa research and development institute of eye disorder of the Academy of Sciences of the Republic of Bashkortostan"

Ufa

<http://ufaeyeinstitute.ru>

## GINECOLOGY AND OBSTETRICS CHILDREN'S HEALTH

State-funded healthcare institution of the Republic of Bashkortostan Republican children's clinical hospital

Ufa

<https://www.ufardkb.ru/>

State-funded healthcare institution «Republican clinical perinatal center» of the Ministry of Healthcare of the Republic of Bashkortostan

Ufa

<https://rkpcufa.ru/>

# MEDICAL TREATMENT PROFILES AND MEDICAL CENTERS OF REPUBLIC OF BASHKORTOSTAN

## NEUROSURGERY

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State-funded healthcare institution Republican  
clinical hospital named after G.G. Kuvatov

Ufa

<https://rkbkuv.ru/>

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## REHABILITATION

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State autonomous healthcare institution  
Republican medical exercises dispensary

Ufa

<http://gauzrvfd.ru/>

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## ENDOCRINOLOGY

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State-funded healthcare institution Republican  
clinical hospital named after G.G. Kuvatov

Ufa

<https://rkbkuv.ru/>

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# STEP II

**CONTACT A SPECIALIST FROM YOUR CHOSEN HEALTH FACILITY TO DECIDE ON THE FORM OF MEDICAL TREATMENT YOU NEED AND FOR PREPARING DOCUMENTS FOR YOUR VISIT TO RUSSIA**

**1. CHECK THE SECTION "MEDICAL TOURISM" ON THE HEALTH CARE FACILITY WEB-SITE**

**2. READ THE INFORMATION**

**3. MAKE A REQUEST THROUGH A PHONE CALL OR EMAIL**

**4. GET A CONFIRMATION FOR TREATMENT AND FOLLOW THE INSTRUCTIONS TO APPLY FOR A VISA**

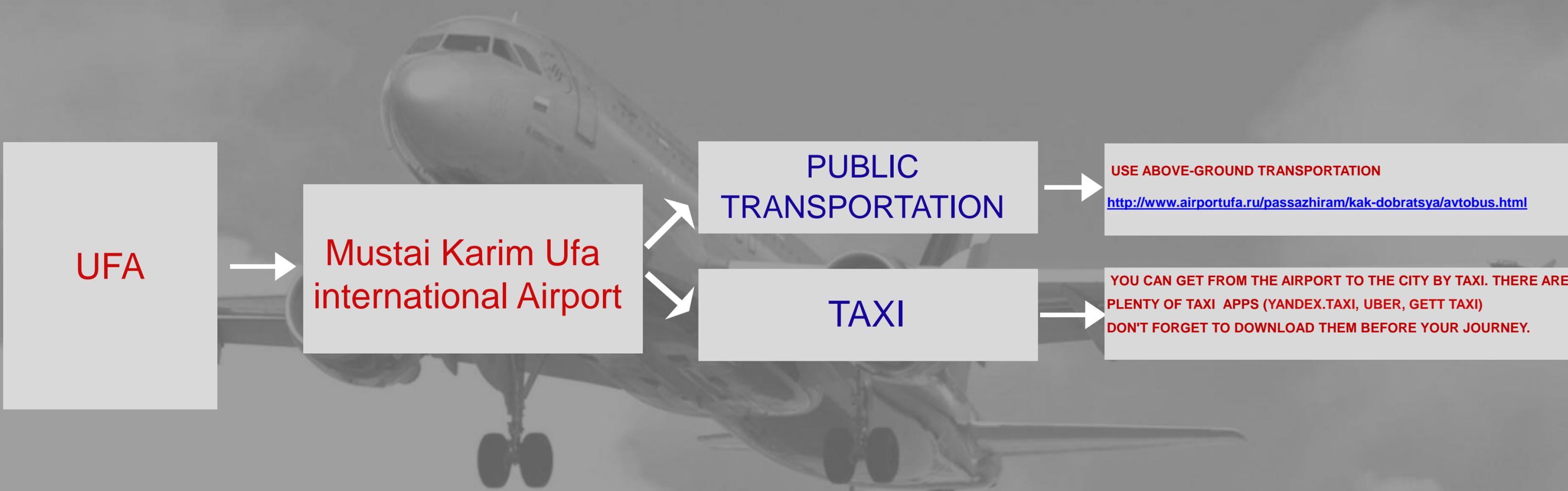


**If you have any questions do not hesitate to contact  
Export of Medical Services Coordination Center**

# STEP III

**SELECT THE BEST TYPE OF TRANSPORTATION  
AND ACCOMMODATION**

# TRANSPORTATION



UFA

Mustai Karim Ufa international Airport

PUBLIC TRANSPORTATION

USE ABOVE-GROUND TRANSPORTATION  
<http://www.airportufa.ru/passazhram/kak-dobratsya/avtobus.html>

TAXI

YOU CAN GET FROM THE AIRPORT TO THE CITY BY TAXI. THERE ARE PLENTY OF TAXI APPS (YANDEX.TAXI, UBER, GETT TAXI) DON'T FORGET TO DOWNLOAD THEM BEFORE YOUR JOURNEY.

# TRAVEL APPs

## to download before your trip

### FOR IOS and ANDROID

#### Public transportation and car rental (car sharing)

1. Bus, trolleybus, cable car:

**Yandex.Transport**

2. City maps:

**Yandex.Metro**

3. Car rental (car sharing):

**BelkaCar**

**DeliMobil**

#### City maps

1. Russian city maps:

**Yandex.Maps**

**Google maps**

2. Off-line Russian city maps:

**2GIS**

#### Attractions in Russia

1. City guide Apps:

**Triposo**

**Redigo**

2. Restaurant guide App:

**TripAdvisor**

# ACCOMMODATION



ACCOMMODATION OPTIONS IF YOU  
ARE COMING FOR OUTPATIENT ADMISSION

<https://www.booking.com/>

<https://www.tripadvisor.com/>

<https://www.airbnb.com/>

Please contact a tour operator or assistance companies if you need any assistance with organizing your trip.



ACCOMMODATION OPTIONS IF YOU  
ARE COMING FOR INPATIENT ADMISSION

**Contact a specialist from a health facility for information about your accommodation. Please do not forget to do it in advance.**

# STEP IV

APPLY FOR A RUSSIAN VISA

# WHAT TYPES OF RUSSIAN VISAS ARE THERE?\*

## TOURIST

PURPOSE OF VISIT:  
TARGET TOURISM

**The period of validity: up to 30 days**

For those who visit Russia for tourism purposes on a specialized tour for health check-ups or medical consultations

## BUSINESS

PURPOSE OF VISIT:  
MEDICAL TREATMENT

**The period of validity: up to 90 days**

For those who visit Russia for medical treatment, health check-ups, medical advice with official invitation obtained from a health facility (except target tourism for the purpose of treatment and critical care).

## PRIVATE

PURPOSE OF VISIT:  
SPECIAL CASES

**The period of validity: up to 90 days**

For those who travel to Russia for emergency medical treatment or to visit a sick relative.

# Help with processing documents for entering Russia



## GETTING AN OFFICIAL INVITATION

Once you get an approval for treatment, the health facility should obtain an official invitation and submit your documents to the Federal Migration Service of Russia in order to register your migration.



## APPLYING THROUGH TRAVEL AGENCIES OR TRAVEL ASSISTANCE COMPANIES

In case you need additional help with applying for a Russian visa, you can contact travel agencies or travel assistance companies.

# STEP V

**WELCOME TO RUSSIA!**

**EMERGENCY TELEPHONE NUMBERS**

# USEFUL AND EMERGENCY TELEPHONE NUMBERS

EMERGENCY

FEDERAL  
MIGRATION SERVICE  
OF RUSSIA

POLICE

**112**

**8 (800) 350 23 69**  
**\* 381**

**8 (800) 222 74 47**

# CONTACT INFORMATION

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