

# MEDICAL TOURISM IN BELGOROD REGION

LEARN HOW TO GET MEDICAL CARE IN BELGOROD REGION

# TABLE OF CONTENTS

<b>Medical treatment in Belgorod Region. How does it get?</b>	<b>3-6</b>
<b>Step I: Choose a health facility</b>	<b>7-8</b>
<b>Step II: Contact a specialist from a chosen health Facility</b>	<b>9-10</b>
<b>Step III: Transportation and accommodation</b>	<b>11-14</b>
<b>Step IV: Apply for a visa</b>	<b>15-17</b>
<b>Step V: Welcome to Russia!</b>	<b>18-19</b>
<b>Contact information</b>	<b>20</b>

**Materials prepared by**  
Export of Medical Services  
Coordination Center  
Federal Research Institute  
for Health organization and  
informatics of the Ministry  
of Health of the Russian  
Federation

**MEDICAL TREATMENT  
IN BELGOROD REGION.  
HOW DOES IT WORK?**

# MEDICAL TREATMENT IN BELGOROD REGION IS



## HIGH QUALITY

**High quality medical care  
Meeting international  
standards**



## THE BEST DOCTORS

**Highly trained doctors,  
nurses and other medical  
specialists with  
an international  
experience**



## LOW COST

**Medical care in Russia  
has an excellent  
cost-to-quality ratio**



## RUSSIAN CULTURE

**Discover rich national  
cultural heritage and  
history**

# GETTING MEDICAL TREATMENT IN BELGOROD REGION

IN BELGOROD REGION THERE ARE OUTPATIENT MEDICAL CARE AND INPATIENT MEDICAL CARE. HEALTHCARE FACILITY SPECIALISTS WILL PROVIDE ASSISTANCE WITH CHOOSING THE TYPE OF MEDICAL CARE YOU NEED.

## OUTPATIENT MEDICAL CARE

**GET YOUR HEALTH CHECK-UP  
WITHIN  
1-2 DAYS WHILE YOU ARE ON  
VACATION**

Check a healthcare facility website for  
more information

## INPATIENT MEDICAL CARE

**CHOOSE A HEALTH FACILITY  
ACCORDING TO THE MEDICAL  
PROCEDURE YOU ARE SEEKING  
AND COME TO RUSSIA FOR HOSPITAL  
ADMISSION**

Check a healthcare facility website for  
more information

# HOW TO GET MEDICAL CARE IN BELGOROD REGION?



## STEP I

Choose  
a health facility



## STEP II

Connect with chosen  
medical facility to  
get confirmation



## STEP III

Select type  
of transportation  
and accommodation



## STEP IV

Apply for  
a visa



## STEP V

Welcome to Russia!

# STEP 1

**CHOOSE THE BEST HEALTH FACILITY ACCORDING  
TO THE MEDICAL PROCEDURE YOU NEED**

# CHOOSE YOUR BELGOROD MEDICAL HOSPITAL

## CARDIOLOGY

St. Ioasaf Belgorod regional clinical hospital

<https://www.cardioweb.ru/>

**EGO/Белгород**

LTD Hi-tech medical center «Heart Clinic»

<http://cardio31.ru/>

**СОЛ/Старый Оскол**

## REHABILITATION

Health Center «Krasivo»

<https://san-krasivo.ru/>

**Borisovka**

## TRAUMATOLOGY AND ORTHOPEDICS

St. Ioasaf Belgorod regional clinical hospital

<https://www.cardioweb.ru/>

**EGO/Белгород**

Belgorod city hospital #2

<http://gb2bel.belzdrav.ru/>

**EGO/Белгород**

## GYNECOLOGY AND OBSTETRICS

St. Ioasaf Belgorod regional clinical hospital

<http://belokb.belzdrav.ru/>

**EGO/Белгород**

## CHILDREN'S HEALTH

Children's regional clinical hospital

<http://dokb-bel.belzdrav.ru/>

**EGO/Белгород**



# STEP II

**CONTACT A SPECIALIST FROM YOUR CHOSEN HEALTH FACILITY TO DECIDE ON THE FORM OF MEDICAL TREATMENT YOU NEED AND FOR PREPARING DOCUMENTS FOR YOUR VISIT TO RUSSIA**

**1. CHECK THE SECTION "MEDICAL TOURISM" ON THE HEALTH CARE FACILITY WEB-SITE**

**2. READ THE INFORMATION**

**3. MAKE A REQUEST THROUGH A PHONE CALL OR EMAIL**

**4. GET A CONFIRMATION FOR TREATMENT AND FOLLOW THE INSTRUCTIONS TO APPLY FOR A VISA**



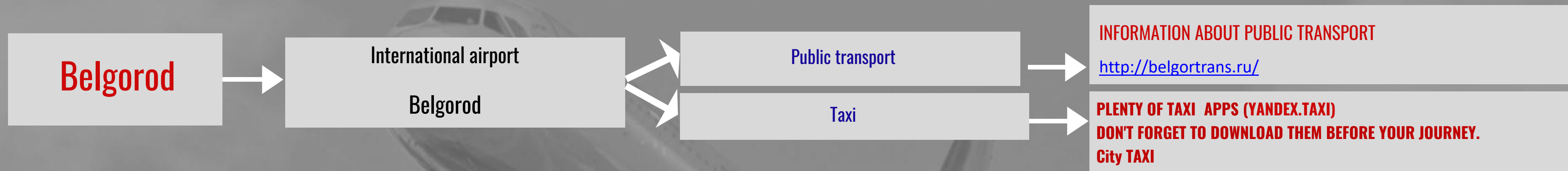
**If you have any questions do not hesitate to contact  
Export of Medical Services Coordination Center**

# III СТУПЕНЬ

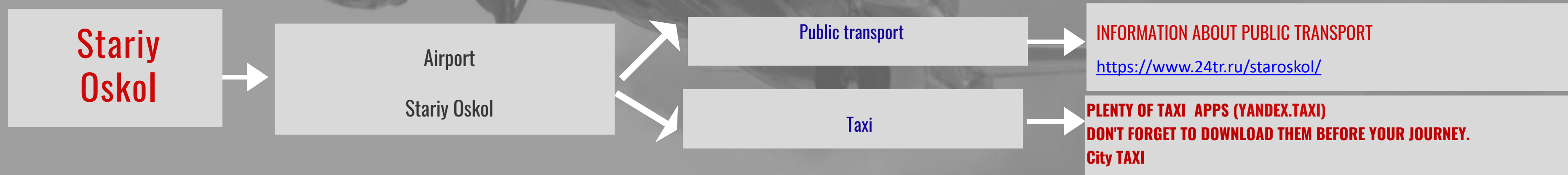
**ВЫБЕРИТЕ ПРОЖИВАНИЕ И ТРАНСПОРТ  
ДЛЯ КОМФОРТНОГО ПРЕБЫВАНИЯ  
В БЕЛГОРОДСКОЙ ОБЛАСТИ**

# ТРАНСПОРТ

- If you arrive to Belgorod by plane



- Если вы прибыли в Старый Оскол на самолете:



# TRAVEL APPs

## to download before your trip

### FOR IOS and ANDROID

#### Public transportation and car rental (car sharing)

1. Bus, trolleybus, cable car:  
**Yandex.Transport**

#### City maps

1. Russian city maps:  
**Yandex.Maps**  
**Google maps**
2. Off-line Russian city  
maps:  
**2GIS**

#### Attractions in Russia

1. City guide Apps:  
**Triposo**  
**Redigo**
2. Restaurant guide App:  
**TripAdvisor**

# ACCOMMODATION



**ACCOMMODATION OPTIONS IF YOU  
COME FOR OUTPATIENT ADMISSION**

<https://www.booking.com/>

<https://www.tripadvisor.com/>

<https://www.airbnb.com/>

Please contact a tour operator or assistance companies if you need any assistance with organizing your trip.



**ACCOMMODATION OPTIONS IF YOU  
COME FOR INPATIENT ADMISSION**

**Contact a specialist from a health facility for information about your accommodation. Please do not forget to do it in advance.**



# STEP IV

**APPLY FOR A RUSSIAN VISA**

# WHAT TYPES OF RUSSIAN VISAS ARE THERE?\*

## TOURIST

PURPOSE OF VISIT: TARGET  
TOURISM

**The period of validity: up to  
30 days**

For those who visit Russia for tourism purposes on a specialized tour for health check-ups or medical consultations

## BUSINESS

PURPOSE OF VISIT: MEDICAL  
TREATMENT

**The period of validity: up to  
90 days**

For those who visit Russia for medical treatment, health check-ups, medical advice with official invitation obtained from a health facility (except target tourism for the purpose of treatment and critical care).

## PRIVATE

PURPOSE OF VISIT:  
SPECIAL CASES

**The period of validity: up to  
90 days**

For those who travel to Russia for emergency medical treatment or to visit a sick relative.



# Help with processing documents for entering Russia



## GETTING AN OFFICIAL INVITATION

Once you get an approval for treatment, the health facility should obtain an official invitation and submit your documents to the Federal Migration Service of Russia in order to register your migration.



## APPLYING THROUGH TRAVEL AGENCIES OR TRAVEL ASSISTANCE COMPANIES

In case you need additional help with applying for a Russian visa, you can contact travel agencies or travel assistance companies.



# STEP V

**WELCOME TO RUSSIA!**

**EMERGENCY TELEPHONE NUMBERS**

# USEFUL AND EMERGENCY TELEPHONE NUMBERS

**EMERGENCY**

**FEDERAL MIGRATION SERVICE OF RUSSIA**

**POLICE**

**112**

**8 (800) 350 23 69**  
**\* 381**

**8 (800) 222 74 47**

## CONTACT INFORMATION

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