



MEDICAL TOURISM IN THE MARI EL REPUBLIC



LEARN HOW TO GET MEDICAL CARE IN THE MARI EL REPUBLIC

CONTANTS

Medical treatment in the Mari El Republic. How does it work? 3-5

Step I: Choose a health care discipline in the Republican Clinical Hospital 6-7

Step II: Submit a request for medical treatment 8-9

Step III: Transportation and accommodation 10-13

Step IV: Apply for a visa 14-16

Step V: Welcome to the Mari El Republic! 17-18

Contact information 19

**MEDICAL TREATMENT
IN THE MARIE EL
REPUBLIC.**

HOW DOES IT WORK?

MEDICAL TREATMENT IN THE MARI EL REPUBLIC:



HIGH QUALITY

High quality medical care
Meeting international
standards



THE BEST DOCTORS

Highly trained doctors,
nurses and other medical
specialists with
an international experience



LOW COST

Medical care in Russia
has an excellent
cost-to-quality ratio

HOW TO GET MEDICAL CARE IN THE MARI EL REPUBLIC?



STEP I

Choose a health care discipline in the Republican Clinical Hospital



STEP II

Submit a request for medical treatment



STEP III

Select type of transportation and accommodation



STEP IV

Apply for a visa



STEP V

Welcome to Russia!

STEP I

**CHOOSE A HEALTH CARE DISCIPLINE IN
THE REPUBLICAN CLINICAL HOSPITAL**

HEALTH CARE DISCIPLINES IN THE REPUBLICAN CLINICAL HOSPITAL

TRAUMATOLOGY AND ORTHOPEDICS

Republican Clinical Hospital

[http://mari-el.gov.ru/minzdrav/rkb
i-el.gov.ru/minzdrav/rkb](http://mari-el.gov.ru/minzdrav/rkb-i-el.gov.ru/minzdrav/rkb)

UROLOGY

Republican Clinical Hospital

<http://mari-el.gov.ru/minzdrav/rkb>

NEUROSURGERY

Republican Clinical Hospital

<http://mari-el.gov.ru/minzdrav/rkb>

STEP II

CONTACT A SPECIALIST FROM YOUR CHOSEN HEALTH FACILITY TO DECIDE ON THE FORM OF MEDICAL TREATMENT YOU NEED AND FOR PREPARING DOCUMENTS FOR YOUR VISIT TO RUSSIA

1. CHECK THE SECTION "MEDICAL TOURISM" ON THE HEALTH CARE FACILITY WEB-SITE

2. READ THE INFORMATION

3. MAKE A REQUEST THROUGH A PHONE CALL OR EMAIL

4. GET A CONFIRMATION FOR TREATMENT AND FOLLOW THE INSTRUCTIONS TO APPLY FOR A VISA

STEP III

**SELECT THE BEST TYPE OF TRANSPORTATION
AND ACCOMMODATION**

TRANSPORTATION

If you travel by plane

**YOSHKAR-
OLA**

Yoshkar-Ola's airport

TAXI

YOU CAN GET FROM THE AIRPORT TO THE CITY BY TAXI. THERE ARE PLENTY OF TAXI APPS (YANDEX.TAXI, VESET, AVTOLIGA) DON'T FORGET TO DOWNLOAD THEM BEFORE YOUR JOURNEY.

If you travel by train

**YOSHKAR-
OLA**

Yoshkar-Ola's railway station

TAXI

YOU CAN GET FROM THE AIRPORT TO THE CITY BY TAXI. THERE ARE PLENTY OF TAXI APPS (YANDEX.TAXI, VESET, AVTOLIGA) DON'T FORGET TO DOWNLOAD THEM BEFORE YOUR JOURNEY.

If you travel by bus

**YOSHKAR-
OLA**

Yoshkar-Ola's bus station

TAXI

YOU CAN GET FROM THE AIRPORT TO THE CITY BY TAXI. THERE ARE PLENTY OF TAXI APPS (YANDEX.TAXI, VESET, AVTOLIGA) DON'T FORGET TO DOWNLOAD THEM BEFORE YOUR JOURNEY.



TRAVEL APPs

to download before your trip

FOR IOS and ANDROID

Public transportation
and car rental (car
sharing)

1. Bus, trolleybus:

Yandex.Transport

City maps

1. Russian city maps:

Yandex.Maps

Google maps

2. Off-line Russian city
maps:

2GIS

Attractions in Russia

1. City guide Apps:

Triposo

2. Restaurant guide App:

TripAdvisor

ACCOMMODATION



**ACCOMMODATION OPTIONS IF YOU
ARE COMING FOR INPATIENT ADMISSION**

Contact a specialist from a health facility for information about your accommodation. Please do not forget to do it in advance.



STEP IV

APPLY FOR A RUSSIAN VISA

WHAT TYPES OF RUSSIAN VISAS ARE THERE?*

TOURIST

PURPOSE OF VISIT:

TARGET TOURISM

The period of validity: up to 30 days

For those who visit Russia for tourism purposes on a specialized tour for health check-ups or medical consultations

BUSINESS

PURPOSE OF VISIT:

MEDICAL TREATMENT

The period of validity: up to 90 days

For those who visit Russia for medical treatment, health check-ups, medical advice with official invitation obtained from a health facility (except target tourism for the purpose of

PRIVATE

PURPOSE OF VISIT:

SPECIAL CASES

The period of validity: up to 90 days

For those who travel to Russia for emergency medical treatment or to visit a sick relative.

Help with processing documents for entering Russia



GETTING AN OFFICIAL INVITATION

Once you get an approval for treatment, the health facility should obtain an official invitation and submit your documents to the Federal Migration Service of Russia in order to register your migration.



APPLYING THROUGH TRAVEL AGENCIES OR TRAVEL ASSISTANCE COMPANIES

In case you need additional help with applying for a Russian visa, you can contact travel agencies or travel assistance companies.

STEP V

WELCOME TO RUSSIA!

EMERGENCY TELEPHONE NUMBERS

USEFUL AND EMERGENCY TELEPHONE NUMBERS

EMERGENCY

FEDERAL MIGRATION
SERVICE OF RUSSIA

POLICE

11

8 (800) 350 23 69
*** 381**

8 (800) 222 74 47

CONTACT INFORMATION

PUBLIC BUDGETARY FACILITY OF THE MARI
EL REPUBLIC “REPUBLICAN CLINICAL
HOSPITAL”

33, OSYPENKO STREET, YOSHKAR-OLA, MARI EL REPUBLIC,
424037

EMAIL ADDRESS

RKB@MINZDRAV12.RU

PHONE NUMBERS

+7 (8362) 46-07-30 - CHIEF MEDICAL OFFICER

+7 (8362) 68-97-27 - CALL CENTER