



# **MEDICAL TOURISM IN RYAZAN REGION – RYAZAN CITY**



**HOW TO GET MEDICAL AID IN RYAZAN**



# CONTENTS

What is medical care in Ryazan like? .....	3-6
Step I: How to choose a healthcare organization in Ryazan.....	7-9
Step II: How to contact a healthcare organization in Ryazan.....	10-11
Step III: Accommodation and transport.....	12-15
Step IV: How to get a visa.....	16-19
Step V: Welcome to Russia! .....	20-21
Contact details.....	22

The report is prepared by

Coordinating Centre for  
Medical Service Export Development

Federal Research Institute for Health  
Organization and Informatics of Ministry of  
Health of the Russian Federation

# WHAT IS MEDICAL CARE IN RYAZAN LIKE?

# MEDICAL CARE IN RYAZAN IS



## HIGH QUALITY

High-quality medical care that meets international standards



## BEST DOCTORS

Proficient medical specialists with international work experience



## REASONABLE PRICE

Competitive prices of medical services of various kinds



## NEW CULTURAL EXPERIENCE

You will get acquainted with national traditions and visit cultural and historic sights of the region

# MEDICAL TREATMENT

In the Russian Federation medical aid is provided on both in-patient and out-patient basis.  
Healthcare organizations advise a patient on which to choose taking into consideration his needs.

## OUT - PATIENT BASIS

**DO YOUR MEDICAL CHECK-UP  
IN 1-2 DAY TIME  
WHILE TRAVELING IN RUSSIA**

FOR DETAILS GO TO THE WEBSITE OF THE HEALTHCARE  
ORGANIZATION YOU'VE CHOSEN

## IN - OPATIENT BASIS

**CHOOSE A HEALTHCARE  
ORGANIZATION FIRST  
AND TRAVEL TO RUSSIA FOR  
PLANNED HOSPITALIZATION**

FOR DETAILS GO TO THE WEBSITE OF THE HEALTHCARE  
ORGANIZATION YOU'VE CHOSEN

# HOW TO GET MEDICAL AID IN RYAZAN



STEP I:

Choose a healthcare  
organization



STEP II:

Contact the healthcare  
organization to confirm  
details



STEP III:

Choose transport  
and accommodation



STEP IV:

Get a visa



STEP V:

Welcome to Russia!

# STEP I

**CHOOSE A HEALTHCARE ORGANIZATION**

# HEALTHCARE DISCIPLINES AND MEDICAL CENTRES

## Ryazan, Ryazan Region

### CARDIOLOGY

Regional Clinical Cardiology Centre  
[www.rokkd.ru/](http://www.rokkd.ru/)

Ryazan

### NEUROSURGERY

Regional Clinical Hospital  
[www.support@rokb.ru/](http://www.support@rokb.ru/)

Ryazan

### TRAUMATOLOGY AND ORTHOPEDICS

Regional Clinical Hospital  
[www.support@rokb.ru/](http://www.support@rokb.ru/)

Ryazan

### OPHTHALMOLOGY

Regional Clinical Hospital named after N.A. Semashko  
[www.kbsemashko@yandex.ru/](http://www.kbsemashko@yandex.ru/)

Ryazan

### OBSTETRICS AND GYNECOLOGY CHILD HEALTHCARE

Regional Clinical Perinatal Centre  
[www.gburokpc62@mailru/](http://www.gburokpc62@mailru/)

Ryazan

City Clinical Hospital №8  
[www.mail@rzn8gb.ru/](http://www.mail@rzn8gb.ru/)

Ryazan



# HEALTHCARE DISCIPLINES AND MEDICAL CENTRES

## Ryazan, Ryazan Region

### PEDIATRICS

Regional Children's Clinical Hospital  
named after N.D. Dmitrieva  
[www.rodkb62@yandex.ru](mailto:www.rodkb62@yandex.ru)

**Ryazan**

### TRANSPLANTOLOGY

Regional Clinical Hospital  
[www.support@rokb.ru](mailto:www.support@rokb.ru)

**Ryazan**

### ABDOMINAL SURGERY

Regional Clinical Hospital  
[www.support@rokb.ru](mailto:www.support@rokb.ru)

**Ryazan**

City Clinical Emergency Hospital  
[www.bsmp@mail.ryazan.ru](mailto:www.bsmp@mail.ryazan.ru)

**Ryazan**

### ENDOCRINOLOGY

Regional Clinical Hospital  
[www.support@rokb.ru](mailto:www.support@rokb.ru)

**Ryazan**

City Clinical Hospital №11  
<https://www.gkb11.ru>

**Ryazan**

# STEP II

**CONTACT A REPRESENTATIVE OF THE HEALTHCARE  
ORGANIZATION TO DECIDE ON TREATMENT CONDITIONS AND TO  
GET DOCUMENTS REQUIRED TO TRAVEL TO RUSSIA**

1. CHECK OUT “MEDICAL TOURISM” SECTION ON THE OFFICIAL WEBSITE OF THE HEALTHCARE ORGANIZATION YOU’VE CHOSEN
2. READ THE INFORMATION
3. SEND YOUR REQUEST USING THE PROVIDED E-MAIL ADDRESS OR CONTACT THE HEALTHCARE ORGANIZATION USING THE PROVIDED PHONE NUMBER
4. WAIT FOR CONFIRMATION FROM THE HEALTHCARE ORGANIZATION AND FOLLOW THE GIVEN INSTRUCTIONS TO PREPARE NECESSARY DOCUMENTS



If you still have any questions, contact Coordinating Centre for Medical Service Export Development of Federal Research Institute for Health Organization and Informatics of Ministry of Health of the Russian Federation.

For contact details see “Our Contact Details” section.

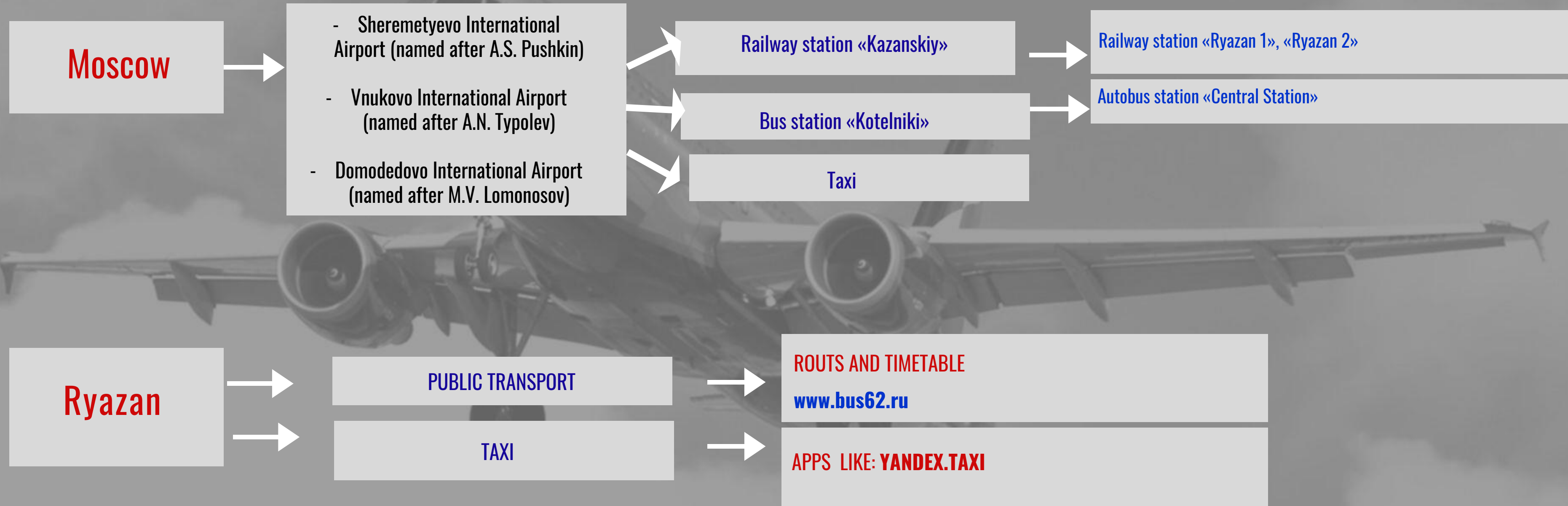
# STEP III

**CHOOSE TRANSPORT AND ACCOMMODATION  
TO MAKE YOUR STAY IN RYAZAN COMFORTABLE**

# TRANSPORT

13

- If you have arrived by plane:



# ADDITIONAL APPS FOR YOUR SMARTPHONE (IOS AND ANDROID)

14

## PUBLIC TRANSPORT AND CAR SHARING

1. Autobus, trolleybus, tram:

**Yandex.Transport**

## CITY MAPS

1. City maps:

**Yandex.Maps**

**Google maps**

2. Off-line city maps:

**2GIS**

## HISTORIC AND CULTURAL SIGHTS OF RUSSIA

1. Guide to city places of  
interest:

**Triposo**

**Redigo**

2. Guides to restaurants and  
cafes:

**TripAdvisor**

# ACCOMMODATION



## IF YOU COME TO RUSSIA TO GET OUT-PATIENT CARE

If you are going to get out-patient care you are free to choose a comfortable kind of accommodation using the following resources:

<https://www.booking.com/>

<https://www.tripadvisor.com/>

<https://www.airbnb.com/>

or to make use of tourist agencies or any other mediators in this sphere.



## IF YOU COME TO RUSSIA TO GET IN-PATIENT CARE

You can find out the details of your accommodation contacting the healthcare organization that you've chosen.

We kindly advise you to contact the healthcare organization you've chosen and discuss the details of your accommodation beforehand.

# STEP IV

**GET A VISA TO TRAVEL TO RUSSIA**



# LEGAL FRAMEWORK REGULATING VISA REQUIREMENTS FOR FOREIGN CITIZENS

According to Article 2 of Federal law of 25 July 2002 No. 115-FZ "On the legal status of foreign citizens in the Russian Federation" a foreign citizen is a natural person who is not a citizen of the Russian Federation and has proof of foreign citizenship or nationality; a stateless person – a natural person who is not a citizen of the Russian Federation and does not have proof of foreign citizenship or nationality.

According to Article 25.2 of Federal law of 15 August 1996 No. 114-FZ "On the procedure for exit from the Russian Federation and entry into the Russian Federation" a visa to Russia can be either single-, double- or multiple-entry.

According to Article 25.6 of Federal law of 15 August 1996 No. 114-FZ "On the procedure for exit from the Russian Federation and entry into the Russian Federation" main types of Russian visas are a tourist visa, a business visa, a student visa, a private visa, a working visa, a transit visa, a humanitarian visa and visas for entry into the Russian Federation for the purpose of asylum- each type corresponds to the purpose of one's visit.

According to Article 25.9 when a foreign citizen or a stateless person enters the Russian Federation they should receive and fill in a migration card. The migration card should be returned at a checkpoint at the State Border of the Russian Federation when the foreign citizen or the stateless person leaves the country.

# VISA TYPES AND TRAVEL PURPOSES\*

\* According to the supplement to the joint order of MFA Russia, MIA Russia and FSB Russia issued on the 27<sup>th</sup> of December, 2003 No 19723A/1048/922

## VISA TYPE: TOURIST

TRAVEL PURPOSE: TOURISM

**VALID FOR:**  
UP TO 30 DAYS

### WHO SHOULD GET:

Foreign citizens leaving for Russia on a special tour for a medical check-up

## VISA TYPE: BUSINESS

TRAVEL PURPOSE:  
MEDICALL TREATMENT

**VALID FOR:**  
UP TO 90 DAYS

### WHO SHOULD GET:

Foreign citizens officially invited by a healthcare organization to come to Russia to get medical aid (except for target tourism aimed at getting medical aid)

## VISA TYPE: PERSONAL/PRIVATE

VISA TYPE:  
SPECIAL CASE

**VALID FOR:**  
UP TO 90 DAYS

### WHO SHOULD GET:

Foreign citizens leaving for Russia to get emergency medical aid or because of a serious illness or the death of a close relative

# WHO CAN HELP TO PREPARE DOCUMENTS TO COME TO RUSSIA?



## INVITATION TO COME TO RUSSIA

The healthcare organization that has confirmed your appointment can issue an invitation for you to come to Russia and will register you when you arrive.

We kindly advise you to contact the healthcare organization you've chosen and discuss migration issues beforehand.



## IF YOU APPLY FOR A VISA WITH THE HELP OF A MEDIATOR

If a tourist agent or any other mediator in this sphere arranges a medical tour to Russia for you, it is them who should prepare all necessary documents for a Russian visa.



# STEP V

**WELCOME TO RUSSIA!**

# USEFUL CONTACTS

Single emergency  
number

**112**

Federal Migration  
Service helpline

**8 (800) 350 23 69**  
**additional num. 381**

To inform about violation  
of public order

**8 (800) 222 74 47**

# OUR CONTACT DETAILS

FOR ISSUES AND CONCERNS

**Coordinating Centre for Medical Service  
Export Development**

**Federal Research Institute for Health  
Organization and Informatics of Ministry of  
Health of the Russian Federation**

127256, DOBROLUBOV STR.11, MOSCOW, RUSSIA

E-MAIL

[export@mednet.ru](mailto:export@mednet.ru)

