MEDICAL TOURISM IN KOMI REPUBLIC

LEARN HOW TO GET MEDICAL CARE IN THE KOMI REPUBLIC

CONTANTS

Medical treatment in Russia. How does it work? 3-6

Step I: Choose a health facility 7-8

Step II: Contact a specialist from a chosen health Facility 9-10

Step III: Transportation and accommodation 11-14

Step IV: Apply for a visa 15-17

Step V: Welcome to Russia! 18-19

Contact information 20

Materials prepared by Export of Medical Services Coordination Center Federal Research Institute

for Health organization and informatics of the Ministry of Health of the Russian

Federation

MEDICAL TREATMENT IN THE KOMI REPUBLIC. HOW DOES IT WORK?

MEDICAL TREATMENT IN THE KOMI REPUBLIC IS



HIGH QUALITY

High quality medical care
Meeting international
standards



THE BEST DOCTORS

Highly trained doctors, nurses and other medical specialists with an international experience



LOW COST

Medical care in the Komi Republic has an excellent cost-to-quality ratio



RUSSIAN CULTURE

Discover rich national cultural heritage and history

GETTING MEDICAL TREATMENT IN THE KOMI REPUBLIC

IN THE KOMI REPUBLIC THERE ARE OUTPATIENT MEDICAL CARE AND INPATIENT MEDICAL CARE.

HEALTHCARE FACILITY SPECIALISTS WILL PROVIDE ASSISTANCE WITH CHOOSING

THE TYPE OF MEDICAL CARE YOU NEED.

OUTPATIENT MEDICAL CARE

GET YOUR HEALTH CHECK-UP WITHIN 2-3 DAYS WHILE YOU ARE ON VACATION

Check a healthcare facility website for more information

INPATIENT MEDICAL CARE

CHOOSE A HEALTH FACILITY
ACCORDING TO THE MEDICAL
PROCEDURE YOU ARE
SEEKING
AND COME TO THE KOMI
REPUBLIC FOR HOSPITAL
ADMISSION

Check a healthcare facility website for more information

HOW TO GET MEDICAL CARE IN THE KOMI REPUBLIC?



Choose a health facility

STEP I



Get confirmation from chosen healthcare facility

STEP II



Select type of transportation and accommodation

STEP III



STEP IV
Apply for
a visa



STEP V
Welcome to
Russia!

STEPI

CHOOSE THE BEST HEALTH FACILITY ACCORDING TO THE MEDICAL PROCEDURE YOU ARE SEEKING

CHOOSE YOUR RUSSIAN MEDICAL RESEARCH CENTERS

CARDIOLOGY

Cardiologic Dispensary (state institution of the Komi Republic) **Syktyvkar**

http://cardiork.ru/

GYNECOLOGY AND OBSTETRICS

The Komi Republic Perinatal Center (KRPC) **Syktyvkar**

http://perinatal-komi.ru/

NEUROLOGY AND NEUROSURGERY

Komi Republican Clinical Hospital Syktyvkar

https://rkbkomi.ru//

OPHTHALMOLOGY

Komi Republic Vision Correction Center (state autonomous health care institution)

http://www.rcmg-ukhta.ru/

Komi Republican Clinical Hospital **Syktyvkar**

https://rkbkomi.ru//

STEPII

CONTACT A SPECIALIST FROM YOUR CHOSEN HEALTH FACILITY TO DECIDE ON THE FORM OF MEDICAL TREATMENT YOU NEED AND FOR PREPARING DOCUMENTS FOR YOUR VISIT TO THE KOMI REPUBLIC

- 1. CHECK THE SECTION "MEDICAL TOURISM" ON THE HEALTH CARE FACILITY WEB-SITE
- 2. READ THE INFORMATION
- 3. MAKE A REQUEST THROUGH A PHONE CALL OR EMAIL
- 4. GET A CONFIRMATION FOR TREATMENT AND FOLLOW THE INSTRUCTIONS TO APPLY FOR A VISA



If you have any questions do not hesitate to contact Export of Medical Services Coordination Center

STEPIII

SELECT THE BEST TYPE OF TRANSPORTATION AND ACCOMMODATION

TRANSPORTATION

Syktyvkar

Syktyvkar (international Airport)

PUBLIC TRANSPORTATION

TAXI

YOU CAN GET FROM THE AIRPORT TO THE CITY BY TAXI.

THERE ARE PLENTY OF TAXI APPS (YANDEX.TAXI)

DON'T FORGET TO DOWNLOAD THEM BEFORE YOUR JOURNEY

TRAVEL APPS to download before your trip FOR IOS and ANDROID

Public transportation and car rental (car

1. Bus, trolleybus, cable

car:

Yandex.Transport

2. City maps:

Yandex.Metro

3. Car rental (car

sharing):

BelkaCar

DeliMobil

City maps

1. Russian city maps:

Yandex.Maps

Google maps

2. Off-line Russian city

maps:

2GIS

Attractions in Russia

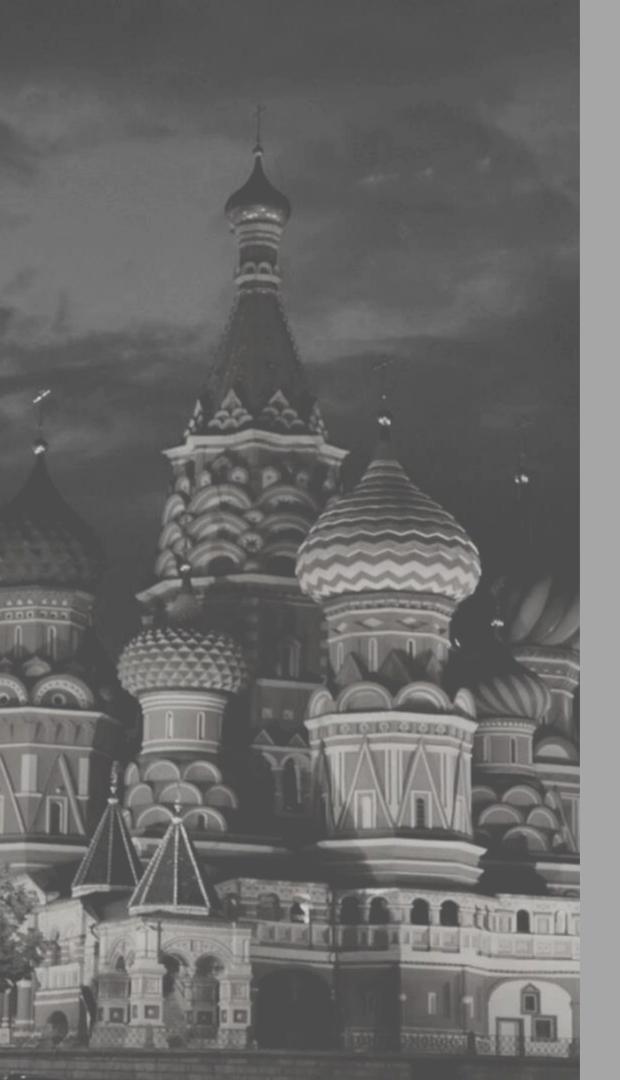
1. City guide Apps:

Triposo

Redigo

2. Restaurant guide App:

TripAdvisor



ACCOMMODATION



ACCOMMODATION OPTIONS IF YOU ARE COMING FOR OUTPATIENT ADMISSION

https://www.booking.com/

https://www.tripadvisor.com/

https://www.airbnb.com/

Please contact a tour operator or assistance companies if you need any assistance with organizing your trip.



ACCOMMODATION OPTIONS IF YOU ARE COMING FOR INPATIENT ADMISSION

Contact a specialist from a health facility for information about your accommodation. Please do not forget to do it in advance.

STEPIV

APPLY FOR A RUSSIAN VISA

WHAT TYPES OF RUSSIAN VISAS ARE THERE?*

TOURIST

PURPOSE OF VISIT: TARGET TOURISM

The period of validity: up to 30 days

For those who visit Russia for tourism purposes on a specialized tour for health check-ups or medical consultations

BUSINESS

PURPOSE OF VISIT:
MEDICAL TREATMENT

The period of validity: up to 90 days

For those who visit Russia for medical treatment, health check-ups, medical advice with official invitation obtained from a health facility (except target tourism for the purpose of treatment and critical care).

PRIVATE

PURPOSE OF VISIT: SPECIAL CASES

The period of validity: up to 90 days

For those who travel to Russia for emergency medical treatment or to visit a sick relative.

Help with processing documents for entering Russia



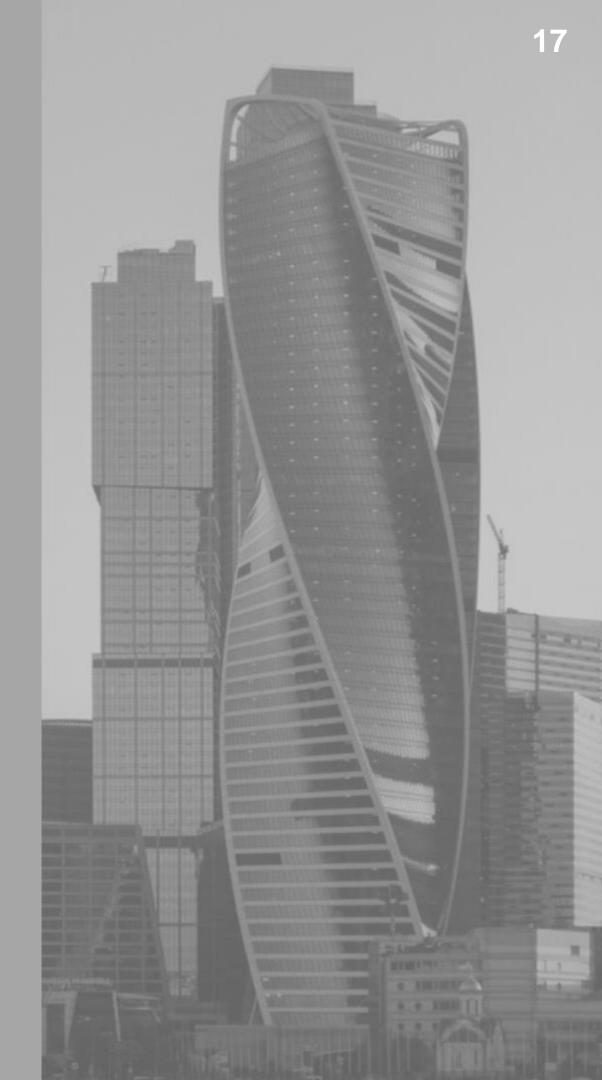
GETTING AN OFFICIAL INVITATION

Once you get an approval for treatment, the health facility should obtain an official invitation and submit your documents to the Federal Migration Service of Russia in order to register your migration.



APPLYING THROUGH TRAVEL AGENCIES OR TRAVEL ASSISTANCE COMPANIES

In case you need additional help with applying for a Russian visa, you can contact travel agencies or travel assistance companies.



STEPV

WELCOME TO RUSSIA! EMERGENCY TELEPHONE NUMBERS

USEFUL AND EMERGENCY TELEPHONE NUMBERS

EMERGENCY

FEDERAL
MIGRATION SERVICE
OF RUSSIA

POLICE



8 (800) 350 23 69 * 381

8 (800) 222 74 47



CONTACT INFORMATION

Export of Medical Services Coordination Center

Federal Research Institute for Health organization and informatics of the Ministry of Health of the Russian Federation

127256, MOSCOW, DOBROLYUBOVA ST., 11

EMAIL ADDRESS

export@mednet.ru