



# **MEDICAL TOURISM IN ARKHANGELSK REGION**



**LEARN HOW TO GET MEDICAL CARE IN ARKHANGELSK REGION**

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Institute  
for Health organization  
and informatics of the  
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of Health of the Russian  
Federation

# MEDICAL TREATMENT IN ARKHANDANGELSK REGION.

## HOW DOES IT WORK?

# MEDICAL TREATMENT IN ARKHANGELSK REGION



## HIGH QUALITY

High quality medical care  
Meeting international  
standards



## BEST DOCTORS

Highly trained doctors,  
nurses and other  
medical specialists with  
an international  
experience



## LOW COST

Competitive cost of  
all profile medical  
services



## ARKHANGELSK CULTURE

Discover rich national  
cultural heritage and  
history

# GETTING MEDICAL TREATMENT

IN THE RUSSIAN FEDERATION THERE ARE OUTPATIENT MEDICAL CARE AND INPATIENT MEDICAL CARE. HEALTHCARE FACILITY SPECIALISTS WILL PROVIDE ASSISTANCE WITH CHOOSING THE TYPE OF MEDICAL CARE YOU NEED

## OUTPATIENT MEDICAL CARE

**GET YOUR HEALTH CHECK-  
UP WITHIN  
2-3 DAYS WHILE YOU ARE  
ON VACATION**

Check a healthcare facility  
website for more information

## INPATIENT MEDICAL CARE

**CHOOSE A HEALTH FACILITY  
ACCORDING TO THE MEDICAL  
PROCEDURE YOU ARE  
SEEKING  
AND COME TO RUSSIA FOR  
HOSPITAL ADMISSION**

Check a healthcare facility  
website for more information

# HOW TO GET MEDICAL CARE IN ARKHANGELSK REGION?



## STEP I

Choose  
a health facility



## STEP II

Get confirmation  
from chosen  
healthcare facility



## STEP III

Select type  
of transportation  
and  
accommodation



## STEP IV

Apply for  
a visa



## STEP V

Welcome to  
Russia!

# STEP 1

**CHOOSE THE BEST HEALTH FACILITY  
ACCORDING TO THE MEDICAL  
PROCEDURE YOU ARE SEEKING**

# PROFILES OF MEDICAL CARE AND HEALTH FACILITIES OF ARKHANGELSK REGION

## IN-PATIENT MEDICAL CARE :

**CARDIOLOGY**  
**CARDIOVASCULAR SURGERY**  
**NEUROSURGERY**  
**UROLOGY**  
**TRAUMATOLOGY AND**  
**ORTHOPEDICS**  
**ENOCRINOLOGY**  
**NEUROLOGY**

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«First City Clinical Hospital named after E.E. Volosevich»

<http://www.1gkb.ru>

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## OUT-PATIENT MEDICAL CARE:

<b>CARDIOLOGY</b>	<b>TRAUMATOLOGY</b>
<b>GASTROENTEROLOGY</b>	<b>ORTHOPEDICS</b>
<b>ALLERGOLOGY</b>	<b>ONCOLOGY</b>
<b>IMMUNOLOGY</b>	<b>INTERNAL DISEASES</b>
<b>PULMONOLOGY</b>	<b>UROLOGY</b>
<b>HEMATOLOGY</b>	<b>RHEUMATOLOGY</b>
<b>NEPHROLOGY</b>	<b>INFECTIOUS DISEASES</b>
<b>GERIATRICS</b>	<b>DERMATOLOGY</b>
<b>ENDOCRINOLOGY</b>	<b>OBSTETRICS-</b>
<b>NEUROLOGY</b>	<b>GYNECOLOGY</b>
<b>OTORHINOLARYNGOLOGY</b>	
<b>SURDOLOGY</b>	

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«Arkhangelsk City Clinical Out-patient Clinic № 1»

<http://arhgp1.ru>

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# STEP II

**CONTACT A SPECIALIST FROM YOUR CHOSEN HEALTH FACILITY TO DECIDE ON THE FORM OF MEDICAL TREATMENT YOU NEED AND FOR PREPARING DOCUMENTS FOR YOUR VISIT TO RUSSIA**

**1. CHECK THE SECTION "MEDICAL TOURISM" ON THE HEALTH CARE FACILITY WEB-SITE**

**2. READ THE INFORMATION**

**3. MAKE A REQUEST THROUGH A PHONE CALL OR EMAIL**

**4. GET A CONFIRMATION FOR TREATMENT AND FOLLOW THE INSTRUCTIONS TO PREPARE THE NECESSARY DOCUMENTATION**



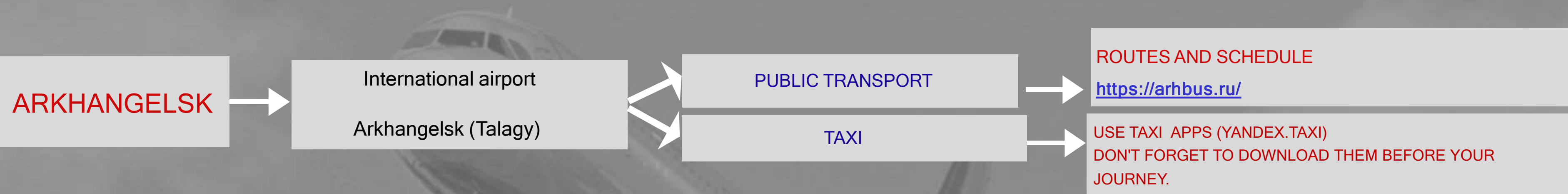
**If you have any questions do not hesitate to contact  
Export of Medical Services Coordination Center**

# STEP III

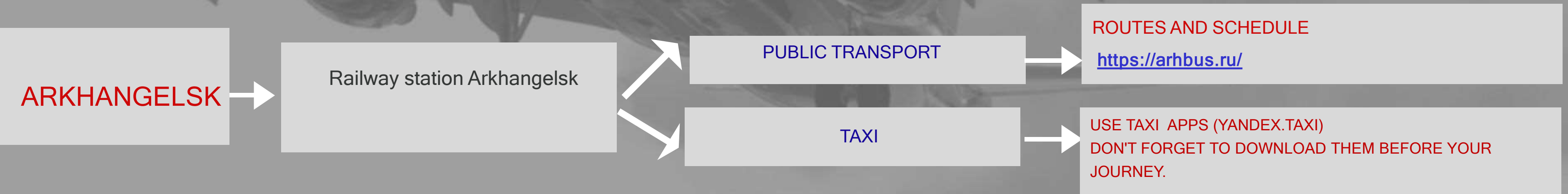
**SELECT THE BEST TYPE OF TRANSPORTATION  
AND ACCOMMODATION**

# TRANSPORT

- If you arrive in Arkhangelsk by plane:



- If you arrive in Arkhangelsk by train:



# TRAVEL APPs

to download before your trip

## FOR IOS and ANDROID

Public  
transportation and  
car rental (car  
sharing)

Bus, trolleybus, cable  
car:

**Yandex.Transport**

City maps

1. Russian city maps:

**Yandex.Maps**

**Google maps**

2. Off-line Russian city  
maps:

**2GIS**

Attractions in Russia

1. City guide Apps:

**Triposo**

**Redigo**

2. Restaurant guide App:

**TripAdvisor**

# ACCOMMODATION



ACCOMMODATION OPTIONS IF YOU  
ARE COMING FOR OUTPATIENT ADMISSION

<https://www.booking.com/>

<https://www.tripadvisor.com/>

<https://www.airbnb.com/>

Please contact a tour operator or assistance companies if you need any assistance with organizing your trip.



ACCOMMODATION OPTIONS IF YOU  
ARE COMING FOR INPATIENT ADMISSION

Contact a specialist from a health facility for information about your accommodation. Please do not forget to do it in advance.

# STEP IV

APPLY FOR A RUSSIAN VISA

# RUSSIAN VISA POLICY FOR FOREIGN CITIZENS <sup>16</sup>

In accordance with Article 2 of Federal Law No. 115-FZ of July 25, 2002 “On the Legal Status of Foreign Citizens in the Russian Federation”, a foreign citizen is a person who is not a citizen of the Russian Federation and who has proof of citizenship (nationality) of a foreign state; stateless person is an individual who is not a citizen of the Russian Federation and who does not have proof of citizenship (nationality) of a foreign state.

In accordance with Article 25.2 of Federal Law No. 114-FZ from August 16, 1996, “On the Procedure for Leaving the Russian Federation and Entering the Russian Federation”, a visa may be single, double or multiple entry.

In accordance with Article 25.6 of Federal Law No. 114-FZ from August 16, 1996, “On the Procedure for Leaving the Russian Federation and Entering the Russian Federation”, depending on the purpose of entry of a foreign citizen to the Russian Federation and the purpose of his stay in the Russian Federation, ordinary visas are divided into private, business, tourist, study, work, humanitarian, asylum, temporary residence permit, Permanent Residency Visa.

Article 25.9. A foreign citizen or a stateless person upon entry the Russian Federation must obtain and fill out a migration card. The migration card is a subject to delivery (return) at the checkpoint at the State Border of the Russian Federation when a foreign citizen or stateless person leaves the Russian Federation.

In accordance with Article 18, Section II: Depending on the purpose of entry of foreign citizens into the Russian Federation and the purpose of their stay in the Russian Federation, the following categories of visas exist: a) diplomatic, b) service, c) ordinary, d) transit, e) temporary residence visa.



# TYPES OF RUSSIAN VISAS

## TOURIST

PURPOSE OF VISIT:  
TARGET TOURISM

**The period of validity: up to 30 days**

For those who visit Russia for tourism purposes on a specialized tour for health check-ups or medical consultations

## BUSINESS

PURPOSE OF VISIT:  
MEDICAL TREATMENT

**The period of validity: up to 90 days**

For those who visit Russia for medical treatment, health check-ups, medical advice with official invitation obtained from a health facility (except target tourism for the purpose of treatment and critical care).

## PRIVATE

PURPOSE OF VISIT:  
SPECIAL CASES

**The period of validity: up to 90 days**

For those who travel to Russia for emergency medical treatment or to visit a sick relative.

# Help with processing documents for entering Russia



## GETTING AN OFFICIAL INVITATION

Once you get an approval for treatment, the health facility should obtain an official invitation and submit your documents to the Federal Migration Service of Russia in order to register your migration.



## APPLYING THROUGH TRAVEL AGENCIES OR TRAVEL ASSISTANCE COMPANIES

In case you need additional help with applying for a Russian visa, you can contact travel agencies or travel assistance companies.



# STEP V

**WELCOME TO RUSSIA!**

**EMERGENCY TELEPHONE NUMBERS**

# USEFUL AND EMERGENCY TELEPHONE NUMBERS

EMERGENCY

FEDERAL  
MIGRATION SERVICE  
OF RUSSIA

POLICE

**112**

**8 (800) 350 23 69**  
**\* 381**

**8 (800) 222 74 47**

# CONTACT INFORMATION

Export of Medical Services Coordination  
Center

*Federal Research Institute  
for Health organization and informatics of  
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